



# THE ZINGER

Newsletter for the Deep River & District Hospital  
Four Seasons Lodge Long-Term Care Home and North Renfrew Family Health Team

June 2022



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# COUNTING DOWN TO EPIC GO-LIVE

*5 MONTHS  
AWAY!*



## COUNTDOWN TO EPIC!

### 5 MONTHS AWAY

#### TOWN HALLS

If you weren't able to attend our Epic Town Hall on June 20, don't worry— you can still watch the recording.

Our Town Hall focused on training plans, high impact work flows, and the technical dress rehearsal. Click on the link below to check it out!

<https://www.youtube.com/watch?v=60S2qsgCwQ0>

The recording from The Ottawa Hospital's Town Hall on June 22, which focused on a workflow walkthrough of a patient journey, will also be shared when it's available.



#### USER READINESS SURVEY (#2)

Thank you to everyone who completed the first User Readiness Survey back in March. We are now completing the same survey again, across all our Fusion 2 partner sites, to help gauge where our teams are regarding implementation. The survey is linked below, and will only take 3-4 minutes to complete.

The survey results will remain anonymous but it does ask for your job category to help with compiling the responses (the survey is open to everyone!).

If there is anything you want to know more about, don't hesitate to ask! Please include any questions you may have in the last question of the survey.

[Click HERE to complete the survey](#)

The survey will remain open until July 22.

Thank you so much for your time in completing this important survey once again.



Please stay tuned for more exciting information about EPIC in our monthly EPIC updates!

MANDATORY EDUCATION—due July 27, 2022

Please see the assigned education for the month of July. This is due to be completed by July 27, 2022. If you have any issues kindly let Mary Goodchild know.

MANDATORY EDUCATION

**All Staff:**

- Infection Control and Control Refresher
- Code Orange
- Ethics in Healthcare – Surge video
- Ethics and Decision Making Framework
- Quality, Risk & Safety Framework



**RPN's**

- Medical Directives

**Housekeeping/Laundry**

- Environmental Cleaning Best Practice – Discharge/Vacancy Room Cleaning: Regular Patient/Resident Room or Bed Space



## CLOSER TO HOME CAMPAIGN KICKED-OFF FOR NEW LONG-TERM CARE HOME



On June 17, the Deep River & District Hospital launched *Closer to Home*, a \$2.5M fundraising campaign that will transform health care for our community.

*Closer to Home* is focused on rallying community support for the new stand-alone 96-bed Four Seasons Lodge Long-Term Care Home being built on the Deep River & District Hospital's campus of care.

The Deep River & District Hospital received approval from the Ministry of Long-Term Care for the new home just over a year ago, which will cost an estimated \$32.5M. Funding for the new home will come from a combination of provincial grants, debt financing, and the fundraising efforts of the *Closer to Home* campaign.

The *Closer to Home* campaign will support the future of health care availability in our community – not just for those seeking long-term care, but for everyone.

The new Four Seasons Lodge Long-Term Care Home, estimated to open as early as 2025, will greatly contribute to the economic prosperity of our area by providing 200 new jobs and an increase of \$5M in direct wages annually. The *Closer to Home* campaign will enable the project to be completed with newly improved design standards and for the new home to be sustainable for generations to come. With the new home, the long waitlist our community has for long-term care will be greatly eased, allowing those who need long-term care to access it closer to home.

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At the campaign launch, Janna Hotson, President and CEO of The Deep River & District Hospital, revealed artist's renderings of the new home along with current Four Seasons Lodge residents and highlighted this launch as a historic moment for our organization and community. "With the launch of this exciting fundraising campaign, the largest in our organization's history, we can each be part of something that together will revolutionize local health care for generations to come."

James Thompson, DRDH's Community Engagement and Fundraising Coordinator, took an opportunity at the launch event to recognize and thank those who are leading the charge, having already put their support behind the campaign. Early donors to the campaign, who have provided a combined \$165 000, include the DRDH Auxiliary, DRDH Foundation, The Town of Petawawa, and a number of generous individual community members.

To learn more about the Closer to Home campaign in support of the new Four Seasons Lodge Long-Term Care Home, visit [www.drdh.org/ClosetoHomeCampaign](http://www.drdh.org/ClosetoHomeCampaign).



Thank you to the DRDH Auxiliary for leading the way for our community and providing an incredible \$40,000 donation towards the Closer to Home Campaign!

Pictured here, from left to right, is Lori Thompson, Joan Hallett, Lise Hunter, Eileen Burke, Joanne Vollmer, Jane Pecoskie, Astrid Champ, Danka Gareau, and Shirley Lachance.

Thank you to the DRDH Foundation for also being a leader for our community and providing an incredible \$63,555 donation towards the Closer to Home Campaign!

Pictured here, from left to right, is James Thompson, Christian Kaiser, Doug Champ, Ted Chiasson, Doug Tennant, Janna Hotson, and William Willard.





It was great to have some members of our Board of Directors join us for the launch! Pictured above, from left to right, is Tabitha Kearney, Doug Champ, Christian Kaiser, John Osborne, Doug Tennant, Ted Chiasson, Janna Hotson, and William Willard.



A huge shout out and thank you is owed to DRDH Dietary team member Gerald Chaput who coordinated great live music for us all afternoon long! The afternoon's line-up included talent from within our own DRDH team including William Willard, Terry Firlotte, Scott Goodchild and Gerald Chaput. Pictured above, from left to right, is William Willard, Terry Firlotte, Rob Burnie, and Gerald Chaput.



Thank you to volunteers Lise Hunter, Lori Thompson, and Joanne Vollmer for helping to spread the word about our Adopt a Tree program, where donors can take a tree from our home to theirs!

For more information about Adopt a Tree, please visit: <https://www.drdhfoundation.com/tree>

Check out the Closer to Home campaign progress thermometer and artist's rendering of the new 96-bed Four Seasons Lodge Long-Term Care Home next time you're passing by on Banting Drive!

CHECK IT OUT



## CHECK OUT SOME ARTIST'S RENDERINGS OF THE FUTURE FOUR SEASONS LODGE!

We are so excited to be able to share some renderings of what our new Four Seasons Lodge Long-Term Care Home will look like! Keep in mind these are artist's renderings, so some of the details may change as the design is finalized.



The first rendering here shows the location of the new home, which will be between our existing building (on the right) and the paramedic bay (to the left, not pictured) on Banting Drive.

The second rendering shows what the new home will look like when you pull up at the front. The beautiful floor to ceiling windows you can see here will actually be the residents' dining room, giving them a great view to see who's coming over for dinner.



This third rendering shows the secured garden that will be located at the back of the home, within the "H" shape of the building. This garden will give residents and their loved ones a safe space to enjoy the outdoors and the gorgeous natural setting of our organization.

An email inbox has been opened to gather general feedback and inquiries about the new 96-bed Four Seasons Lodge: [closetohome@drdh.org](mailto:closetohome@drdh.org). Have you received a question about the Home that you can't answer? Please feel free to direct the person to send their feedback or inquiry to the email above. We will do our best to respond to all inquiries we receive, and we will incorporate frequently asked questions into our future communications.



FOUNDATION NEWS - NEW LOTTERY COMING SOON!



**A new lottery to support *Closer To Home!***

**New chance to win a big jackpot each month.**

**Buy tickets before Thousand Dollar Thursday.**

**Watch for updates soon.**

**- COMING  
SOON -**

**TICKETS AVAILABLE JULY!**

## CONGRATULATIONS TO THE LAB TEAM!

EORLA recently completed a survey with Accreditation Canada – Diagnostics.

This survey is the first organization specific accreditation survey EORLA has undertaken, spread across 13 sites assessing over 5800 requirements across the 13 sites.

Feedback to the EORLA Deep River team included that the surveyors felt very welcome and were impressed by the team and processes at DRDH.

DRDH specific non-conformances received were the lowest the team has ever achieved and the lowest across all 13 sites, with 4 sited site specific, and 7 sited corporately.

Congratulations to our entire Lab Team on this amazing achievement!

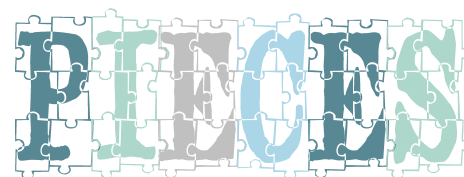
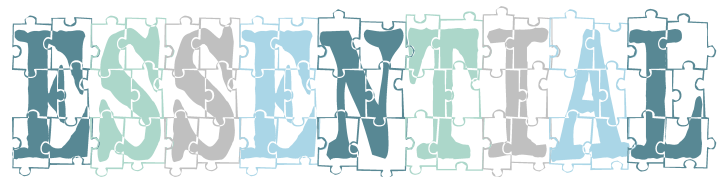


## NOMINATE A DESERVING PEER TODAY!

If you would like to nominate a staff member, physician, and/or volunteer who you feel should be recognized for their contributions, please complete the *Essential Pieces* nomination form. **A nomination can be submitted any time of the year!**

**The nomination form can be found on Policy Medical (Organizational Resources → Human Resources → Essential Pieces Award).**

The form can then be submitted to Amy Joyce (amy.joyce@drdh.org) in which ever format works best for you, either email or a paper copy enclosed in an envelope.



NEW AUTOMATIC DISPENSING UNITS (ADUs) ARE HERE!



Our two new Automated Dispensing Units are now installed in the Emergency Department and on the Medical Floor!

These new units replace our previous failing AcuDose machines, and are part of our preparations for Epic. These new units will expand medication storage and availability, as well as further enhance medication safety in the organization thanks to their enhanced features.



NEW PALP MACHINE IS HERE!

Our new Pharmacy Accessory Label & Bar Code Printer, or PALP machine for short, has arrived!

This PALP machine is required for bar code scanning for medication administration once we move to Epic.

Thanks to Brittany Larmand, Pharmacy Technician, for helping to show off this small but exciting new piece of equipment!



NEW CURTAINS ARE UP!



Installation of our new curtains is now complete. The curtains in all patient spaces across the organization were in need of an upgrade. These new curtains not only look sharp, but they are much safer and more efficient for our housekeeping staff, as they are able to be changed out without the need for a ladder or a spotter!

A special thanks to Trish Leach, Sandra Moore, and Keith Benson for stepping up and helping the installers to get this project done!



## WHAT YOU NEED TO KNOW ABOUT EXERCISING IN HOT WEATHER

So let's talk about exercising in the blazing heat! It is absolutely worthwhile to try to maintain a workout routine through the hot months of the year, but precautions must be taken.



### STEPS YOU CAN TAKE TO AVOID OVERHEATING WHILE EXERCISING OUTSIDE

Like all environmental stresses, the body is able to build up a tolerance to exercising in warm temperatures. Current research shows that it takes about 10-14 sessions to build up your heat tolerance. Start with no more than 20 minutes a day, slowly increasing either your intensity or your time. Heat exhaustion can come on quickly, so I highly recommend exercising with a friend for added safety. Also, make sure you have your cell phone with you and carry plenty of liquids.

#### Take Frequent Breaks

If you are engaging in a longer-duration activity like hiking, golf, or a bike ride, make sure you take hydrating breaks, preferably in shade. Letting your body cool down between bouts of movement will help prevent overheating. Use these breaks to assess how you're feeling. Avoid the temptation to push ahead if you think you are starting to fatigue or overheat.

#### Avoid the Hottest Part of the Day

If it is very hot outside and you want to exercise, try to do it either early in the morning or in the evening. Humidity extends the heat considerably, especially if it is over 80%. Make sure you account for it.

#### Drink Lots of Liquids

This tip might seem self-explanatory, but you have to understand that if you are prone to sweating and it is very hot and humid, you might be losing more than 2 liters of water an hour! This is far more than what most people generally carry with them. Staying hydrated is critical to avoid side effects from the heat. I highly recommend investing in a large-volume water carrier that you wear as a backpack or waist pack. Another big concern with dehydration is the loss of electrolytes. Contrary to popular belief, sports drinks aren't actually that high in electrolytes, and may not provide enough replacement for extensive outdoor sports activities in hot weather.

#### Preparation is Key

Simple things like checking the weather forecast, planning a route with plenty of break possibilities, buying a larger water container, and actively working on acclimatizing can all help avoid trouble. If you or someone you are with does suffer from a heat-related issue, try the following (remember to call 911 if you suspect heatstroke):

- Immediately move to a cooler area (or at least shade)
- Sit or lie down to help even out your blood pressure
- Keep drinking liquids slowly
- Remove unnecessary clothing, including shoes
- If available, cold compresses can help bring the body temperature down

Safe exercising!

Read the full article from LifeSpeak: <https://wellness.lifespeak.com/expertblog/what-you-need-to-know-about-exercising-in-hot-weather--5597>

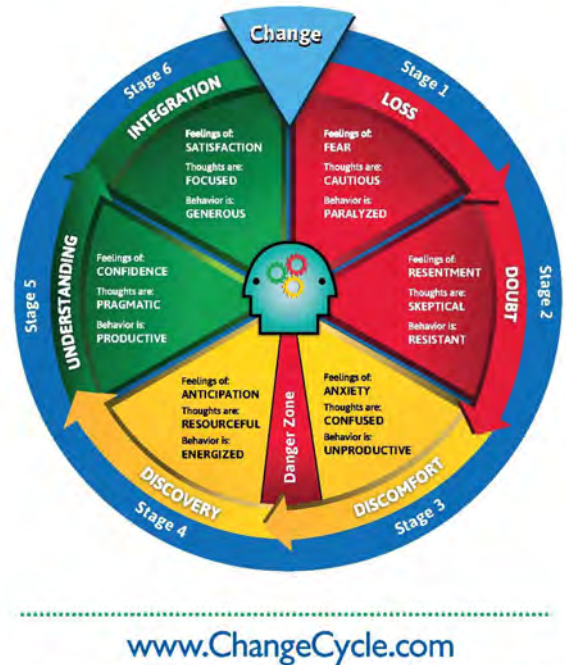
LEADERSHIP DEVELOPMENT INSTITUTE

On Monday, June 20, participants from across the organization took part in a Leadership Development session focusing on The Change Cycle™. The Change Cycle™, based on research of the brain’s response to change, is one of the most practical and well-developed methods available to individuals, teams and organizations to help navigate their way through change. The learnings from the session will support our leaders to understand their own response to change, and identify skills and behaviours that will help us all move through all the exciting changes coming for our organization more seamlessly.



The session was wrapped up with a group exercise that was all about navigating unfamiliar waters and team communication.

Congratulations to Madison Magne, Ann Kelly, Michelle Govereau, and Mariah Tennant for successfully guiding William Willard through some turbulent waters, around the danger zones, and across the finish line to successfully complete the block tower project!



COME HAVE SOME FUN IN THE SUN!

JULY 23  
12-3 PM  
SATURDAY

BEACH  
BBQ  
PARTY

PINE POINT  
BEACH  
DEEP RIVER

FOOD, GAMES  
FUN & SUN

Come have some fun in the sun!

You bring the towels and sunscreen,  
we'll bring the food and games.

Come and enjoy an afternoon with  
your family, friends and colleagues.



What better way to enjoy a beautiful summer day than to spend it at the beach!?

We are excited to announce an all Staff and Physician Beach BBQ Party on Saturday, July 23<sup>rd</sup> starting at **12:00 PM** at Pine Point Beach here in Deep River.

There will be tons of food, games, and (*hopefully*) sunshine! So come and join us for an afternoon of fun and sun! Family members and friends are encouraged to join in on the fun as well! If you're able to make it out, please let Rebekah Thompson know how many people you will be bringing to ensure there is plenty of food for all.

*\* Please note: this event is weather dependent and could be postponed due to poor weather. Stay tuned for updates as we get closer to the date.*

*\*\* Please note: that Pine Point beach **does not** have a life guard on duty so please ensure all children are closely watched while in the water.*

NEW ELECTRONIC HEALTH RECORD FOR THE FOUR SEASONS LODGE!

On June 1, 2022, we transitioned our Electronic Medical Record system in the Four Seasons Lodge to PointClickCare, which will greatly improve medication safety for our residents.

Below are a few photos from the 'go-live' celebration:

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PointClickCare



*congratulations*

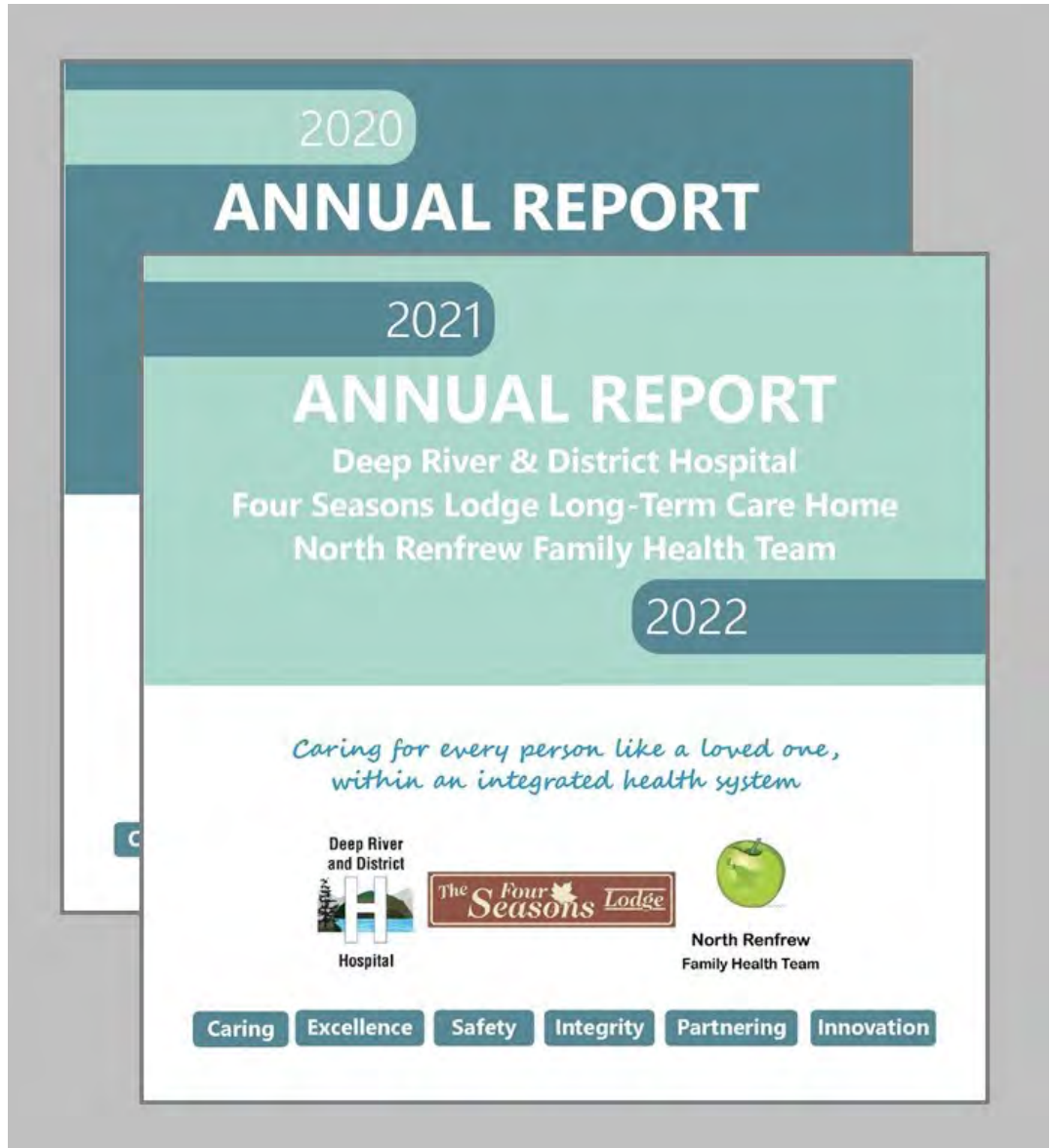
The Four Seasons Lodge is now among the 22,000+ organizations that have adopted PointClickCare as their cloud-based Electronic Medical Records system.

Thank you to the PCC Implementation Team who worked tirelessly to ensure launch day went as smooth as possible. Additionally, thank you to all of our Four Seasons Lodge team members who worked so hard to learn and navigate the new system, all those training sessions are sure to pay off!



The 2021-2022 Annual Report is now live!

Click [here](#) to see the report and an overview of the amazing things we have been able to accomplish as a team this past year.



KEEP CHECKING THE COVID-19 UPDATES!

Please continue to refer to COVID Update emails from Janna Hotson, or other memos, for the latest information, updates, and direction related to COVID-19.

These update emails are being saved on PolicyMedical for staff under Communications and Memos —> All Staff Memos —> 2022-2023.

*Is there something you would like to see appear in the next issue of the Zinger? Please submit photos and information to [amy.joyce@drdh.org](mailto:amy.joyce@drdh.org).*

*The Deep River and District Hospital receives funding from the Champlain Local Health Integration Network (LHIN). The opinions expressed in this publication do not necessarily represent the views of the Champlain Local Health Integration Network.*