



117 Banting Drive  
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## **NEWS RELEASE**

For Immediate Release

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### **Hospital Awarded Bone Mineral Density Three Year Accreditation**

Deep River, ON, April 17, 2009- The Deep River and District Hospital Bone Mineral Densitometry (BMD) Program recently achieved a coveted three year accreditation from the Canadian Bone Mineral Densitometry Facility Accreditation program. This program is facilitated through the Ontario Association of Radiologists in conjunction with Osteoporosis Canada.

“Our local program is now one of only 23 accredited BMD machines in Ontario – there are several hundred BMD sites offering this service in the Province that have not yet achieved this accreditation standard” said Terry Corbett, Manager of Diagnostic Imaging at DRDH. “We are very pleased that our local facility has achieved this high standard of recognition and that we are able to offer this caliber of service close to home for our communities”

This accreditation assures quality by:

- Certification and continuing education of the technologist and reporting radiologist
- Precision of the machine and the technologist – essential to enable accurate comparative results in serial studies.
- The format of reports standardized by the CBMD accreditation directive for reporting
- A peer review evaluation of our program for exam quality, report accuracy and Quality Assurance procedures

Osteoporosis is a disease characterized by low bone mass and deterioration of bone tissue, causing bones to become thin and weak. This leads in increased risk of fracture (broken bones), particularly in the hip, spine and wrist. Sometimes named “the silent thief” there are often no symptoms until a fracture occurs. A bone mineral density (BMD) test is the most accurate test for diagnosing osteoporosis.

1 in 4 women over the age of 50 and 1 in 8 men over 50 has osteoporosis but can strike adults at any age.

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Osteoporosis Canada recommends that all postmenopausal women and men over 50 be assessed for risk factors for osteoporosis. A BMD test is recommended for individuals over 50 with at least 1 major or 2 minor risk factors and for all individual 65 or older. See your physician if you want to be tested for osteoporosis.

For more information about BMD testing or on how to book an appointment  
[www.drdh.org](http://www.drdh.org) or 613-584-1266 ext. 214