



# VIEWPOINT Quarterly

www.drdh.org

WINTER EDITION

08-09

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## New Feature! Manager's Corner

Look for this feature each quarter to learn all about the many departments and the managers who strive to fulfill DRDH's mission and demonstrate our core values. This month's spotlight is on the Diagnostic Imaging and Laboratory Manager Terry Corbett, MRT (R) RTR, CDT, who tells us about the Ontario Breast Screening Program (OBSP) and the Bone Mineral Density (BMD) clinic.

### OBSP and BMD

#### Ontario Breast Screening Program (OBSP)

*What is OBSP?* – The Ontario Breast Screening Program at DRDH since May 2007, is funded by the Government of Ontario, and offers women over 50 with no previous breast problems free Breast screening. The results are sent directly to the patient and the family physician if the patient has one. It includes mammography (breast X-ray) and a physical examination of the breasts by a physician or a nurse. The benefit of regular breast examinations is the early detection of breast cancer.

“DRDH is thrilled to offer this free program to the women in our community. Early detection is the key to preventing breast cancer; keeping mammography wait times short by having this service will save a lot of lives,” says Lianne Wheeler, CNO and co-acting CEO.

#### *How Do You Make An Appointment?*

Appointments are available on Tuesdays by calling 1-800-916-6277. When you phone and speak to someone you can request the Deep River site as we are a satellite office of Renfrew Victoria Hospital. Terry Corbett, manager of diagnostic Imaging and Laboratory says, “We feel that there are many women that are still going to Pembroke for their OBSP exams. I would like to remind women they can have their tests done here even if they've had previous exams in Pembroke.”

For more information call the 1-800-916-6277 or visit [www.cancercare.on.ca](http://www.cancercare.on.ca)

#### Bone Mineral Density Testing (BMD)

The program is offered to screen for Osteoporosis or low bone density. DRDH is one of the very few hospitals accredited with the Ontario Association of Radiologists (OAR) for their Canadian Bone Mineral Densitometry (CBMD). The test is ordered by a physician usually for men and women over the age of 50. OHIP covers baseline scans, High Risk patients yearly and patients with normal results every three years. It's important we are able to offer this program at DRDH because the base of our patients are elderly so it means they don't have to travel to Pembroke for the test.

If you think you may need BMD testing speak to your Doctor or visit your local clinic for a referral. Appointments are available Wednesday afternoons and all day Thursdays, other days are booked as needed to keep wait times down.

#### About the Manager



Terry Corbett is the Director of Diagnostic Imaging and Laboratory. She has been with DRDH since 1970. Her favorite part about working for DRDH is her profession and the patient contact. Terry attended Cambrian College for Medical Radiation Technologist training and has lived and worked in Deep River most of her career.



## DRDH REMINDER. No Smoking Policy

All visitors and patients at the Hospital are reminded that DRDH has a no smoking policy on the entire property. Please respect this policy for the health of your self and others.



## Palliative Care Suite “Huge Community Success”



October 5, 2008– Palliative care suite at DRDH officially opens providing patients nearing death the maximum quality of life. From Left to Right: CNO/Co-acting CEO Lianne Wheeler, President of Auxiliary Annebell Harvey, Donor Carol Carr, and Chair, DRDH Board of Governors Joyce Colton, . Photo Courtesy of: North Renfrew Times.

## Physiotherapy Clinic

The Deep River and District Physiotherapy Centre is a not-for-profit Corporation providing modern clinical care to residents of North Renfrew County, in-patients of Deep River and District Hospital (DRDH) and the residents of Four Seasons Long Term Care.

The treatments are used to treat some of the most common conditions from back and neck pain to knee and ankle injuries

The clinic that is very bright, spacious and well-equipped is located within DRDH. The department maintains a clinical affiliation with the University of Ottawa, and offers clinical placements for physiotherapy and assistant students. Some of the services offered by the clinic include: clinical assessments and treatment plans, modalities, manual therapy techniques, development and progression of exercise programs and neurological rehabilitation (strokes).

With the incorporation of the Physiotherapy Centre in 2006, the Board of Governors of DRDH ensured local access to timely rehabilitation for residents of the Upper Ottawa Valley. Without this, a patient would have to travel more than 50km each way to attend the nearest outpatient clinic. No referral is required to see a physiotherapist: however, medical insurance companies often require a referral from a medical doctor to provide payment of services. For more information contact the centre directly 613-584-9118. Hours of Operation are Monday to Thursday 8:00-16:00 and Friday 8:00-12:00.

## Core Values Spotlight - CARING



DRDH and the community is showing we care by fundraising for our “Buy-a-Bed” campaign

When you visit the Hospital instead of paying for parking, show you care and visit the front doors to make a donation to our “Buy-a-Bed” campaign; The monies raised are being put toward the purchase of a new in-patient care bed.

Visit our Website  
[www.drdh.org](http://www.drdh.org)  
and check out our  
new patient safety  
info!

# General Information Request

This newsletter has been regenerated after a long absence and is presented to inform you of items of interest and happenings within our hospital.

If you would take a moment to complete this simple questionnaire as to what you would like to see in future editions, or whether or not we continue this newsletter, it would be appreciated.

Do you want to have a Hospital Bulletin published every two months?     Yes     No

Comments:

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What would you like to see?

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~ OPTIONAL INFORMATION ~

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Please drop it in the response box provided at the admitting/reception desk. The Public Relations Committee is endeavoring to continue the production of this newsletter.