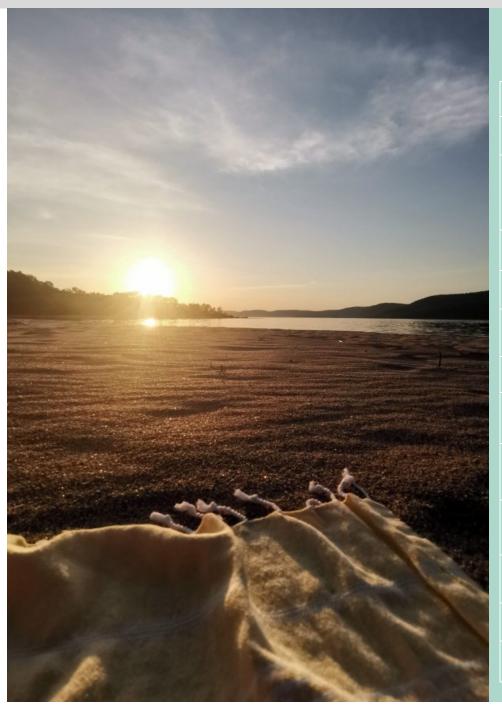


# THE ZINGER

Newsletter for the Deep River and District Hospital Four Seasons Lodge and North Renfrew Family Health Team

June 2020



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## - The Art of Coping Initiative -

Many of us, over the past few months have found new ways of coping with our "new normal", or perhaps we have revisited old hobbies or tasks we never finished. Whether that be a home improvement project, photography, planting a garden, raising chickens, baking...the possibilities are endless.

We are inviting DRDH staff and physicians to share pictures that we can compile into an *Art of Coping* collage that depicts how our team has been navigating the ups and downs that we have all been experiencing. By sharing these ideas, we can inspire, celebrate and be mindful of the simple moments that are getting us through.

Please send all photos to amy.joyce@drdh.org and ensure that if others are in the photo that you have their permission to share. Thanks to the Pembroke Regional Hospital for this great idea!

Personally, (it's Amy here) I can't say that I have revived any old hobbies or started new ones yet, but I have been combatting feeling "cooped up" with spending some of my time away from work in the beautiful outdoor spaces we have close to home:







What have you all been up to? We would love to see :)

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# 101 Things To Do in the Valley

### **JULY-AUGUST 2020 EDITION**

Subscribe for FREE to this list and get it every two months: 101things@travelourbackyard.com Download this list at www.travelourbackvard.com



Speaking of things to do to help us cope with these challenging times, below are a few ideas from the 101 Things To Do in the Valley publication. The publication includes things to do all season, as well as events by date for July and August.

### **NUMBER 3**

### Valley Artisans

The longest-running artisan cooperative in Ontario. Featuring a unique selection of locally handcrafted fine art and fun gifts from over 30 artists and crafters. Jewelry, woodworking, custom razors, books, drums, glasswork, greeting cards, silk, weaving, knitting, sewing, painting and drawing and cut paperwork, photography, pottery, skincare products.

33373 Highway 17, Deep River www.ValleyArtisans.com

### **NUMBER 64**

### **Pembroke Heritage Murals**

The City of Pembroke's outdoor art gallery takes you through 34 murals in a self-guided tour. For the full tour experience, you can download mural descriptions, a map and audio mural tour from the City of Pembroke website. www.pembroke.ca

### **NUMBER 29**

### Hike at Shaw Woods

Shaw Woods Outdoor Education Centre offers free trails to explore. Please respect physical distancing. Our washrooms remain closed but trails are open. We are open! Every night is \$20 Visit us at 2065 Bulger Road in North Algona Wilberforce. We're On Facebook! www.shawwoods.ca

### **NUMBER 90**

### July 4-12, 2020

Free Fishing Week in Ontario. Canadian residents can fish without a licence. Visit the website for more information. Try fishing with your family. www.ontariofamilyfishing.com

### **NUMBER 43**

### Skylight Drive-In

per carload (up to six people per car). Open til October 11th. Movie features available on our website. Special nights as well. Movie program starts at dusk. You must have FM radio available in your vehicle. 199 Forest Lea Road, Pembroke www.skylightdrivein.com

### **NUMBER 92**

July 21, 2020

Blood Donor Clinic at the Petawawa Civic Centre, 16 Civic Centre Road, Petawawa. Book your appointment online at www.blood.ca.



### HOSPITALS IN THE CHAMPLAIN REGION SLOWLY AND SAFELY INCREASING SCHEDULED HOSPITAL ACTIVITY

This is a joint message from Chiefs-of-Staff at hospitals in the Champlain Region



Hospitals in the Champlain Region are taking a safe, coordinated, and gradual approach to increasing scheduled services, which were postponed at the beginning of the COVID-19 pandemic. While hospitals and their clinicians are eager to care for as many patients as safely possible, this measured approach is in line with direction from the provincial government, which acknowledges this process will take weeks and months.

Care teams are reviewing each case individually based on medical need and urgency, ensuring that risks and benefits are properly evaluated before rescheduling the surgery, procedure, diagnostic imaging or clinic appointment that cannot be done virtually. Patients will be contacted as their care can be rescheduled. This increase in service is separate from the ongoing urgent care provided by hospitals throughout the pandemic. Hospitals have also been offering, and will continue to offer, many supports and services virtually throughout the pandemic, such as mental health care and follow-up appointments.

The work of increasing surgeries, procedures, and services is being carefully considered and balanced with the potential need to respond quickly in the event of a surge in COVID-19 patients. Hospitals in the region are collaborating to meet the provincial requirements prior to increasing services. Provincial criteria include: a lower-than-average number of patients in hospitals across the region, known as occupancy; appropriate staffing levels and sufficient personal protective equipment (PPE) supply; among other conditions.

We will carefully monitor our care volumes and adjust our plans as needed; decreasing some services again might be necessary if the region's ability to meet the criteria changes, or COVID-19 activity increases in hospitals. And while some aspects of the patient experience will be different, such as fewer patients in waiting rooms, our teams will continue to deliver safe, high-quality, compassionate care.

The COVID-19 pandemic and its impacts in Ontario may last many months to years. As the region enters this new phase of the pandemic, the ability of hospitals to continue their increase of scheduled services is directly linked to the community's ongoing efforts to control the spread of COVID-19. As a community, we must continue to be vigilant — following instructions from public health, including proper hand hygiene, physical distancing and masking protocols. This will allow us to avoid future peaks in transmissions, which would lead to decreased levels of service once again.

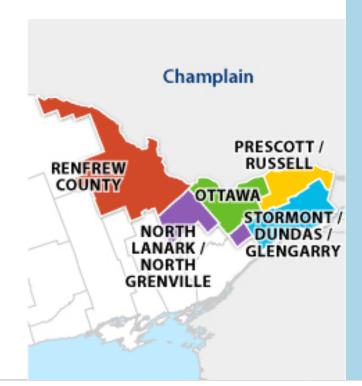
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If anyone is in need of urgent care, we urge them to go to the nearest Emergency Department or contact their primary care provider. Hospitals in the region are taking every possible measure to ensure patient and staff safety, and are here to care for everyone in need. Regardless of where care takes place in the region, patient safety is a top priority.

We would like to thank our community for their support and for their efforts to reduce the spread of COVID-19, and we would like to thank all hospital staff, health-care workers, and essential workers throughout the region for their continued hard work and dedication. We will continue to navigate this exceptional time by working together.

Hospitals in the Champlain Region involved in this regional plan:

- Almonte General Hospital
- · Arnprior Regional Health
- Carleton Place & District Memorial Hospital
- CHEO
- Cornwall Community Hospital
- Deep River and District Hospital
- Glengarry Memorial Hospital
- · Hawkesbury and District General
- Kemptville District Hospital
- Hôpital Montfort
- Pembroke Regional Hospital
- Queensway Carleton Hospital
- Renfrew Victoria Hospital
- The Royal
- St. Francis Memorial Hospital
- The Ottawa Hospital
- University of Ottawa Heart Institute
- Winchester District Memorial Hospital



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#### LADDER SAFFTY UPGRADE

A safety upgrade has been made to the ladders leading up to the roof from the upstairs mechanical penthouse. Anti-slip steps were added to what was previously round metal bars. This will make access to/from the roof much more safe – particularly in wet or snowy conditions.





### **BUILDING UPGRADES**



For the safety of helicopters landing on the helipad, the tall light standards have been removed.

Also, our Canadian flag was replaced and raised—just in time for Canada Day!



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### BUILDING UPGRADES CONTINUED..



Recently, the organization's boilers were replaced. The boiler room with the old boilers removed is pictured here to the left, and below are the new boilers being hoisted up over the building and in place in the boiler room.

The new boilers replace our previous system that was 30+ years old with new, high efficiency units. These boilers provide heating throughout the building.





#### NEW HIRES

This month we are pleased to welcome one new employee to the Four Seasons Lodge.

**Abbie Verch** will be working as a Recreation Worker. Abbie's role is to assist in designing and implementing recreational programs according to the individual needs and desires of Residents.

Although many of us will not see her in person for a while as the Four Seasons Lodge remains separated, please join us in welcoming Abbie from a distance!

A huge thank you to the staff members who have been temporarily providing recreation support and activities for our Residents over the past few months.





#### CONGRATULATIONS JANNA



The Canadian College of Health Leaders has awarded Janna Hotson the "Certified Health Executive" designation.

Congratulations to Janna on achieving her CHE status, which demonstrates her commitment and dedication to health care leadership and ongoing learning.



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COVID-19 TESTING THROUGH THE RC VTAC

# **COVID-19 Testing**

### Do you require **COVID-19** testing?

- Are you a resident of the County of Renfrew or South Algonquin?
- We will be testing at the following locations over the next two weeks:

JULY	Monday 6th	Tuesday 7th	Wednesday 8th	Thursday 9th	Friday 10th
<b>Morning</b> 0900-1030	Arnprior 77 James St, Arnprior, ON	NO TESTING	Pembroke 7 International Dr, Pembroke, ON	<b>Deep River</b> 2 Clubhouse Rd, Deep River, ON	NO TESTING
<b>Afternoon</b> 1400-1530	Renfrew 1 Ma-te-way Park Renfrew, ON	NO TESTING	NO TESTING	<b>Eganville</b> 178 Jane St, Eganville, ON	NO TESTING
JULY	Monday 13th	Tuesday 14th	Wednesday 15th	Thursday 16th	Friday 17th
<b>Morning</b> 0900-1030	Arnprior 77 James St, Arnprior, ON	NO TESTING	Pembroke 7 International Dr, Pembroke, ON	<b>Petawawa</b> 16 Civic Center Rd Petawawa, ON	NO TESTING
<b>Afternoon</b> 1400-1530	Renfrew 1 Ma-te-way Park Renfrew, ON	NO TESTING	NO TESTING	Barry's Bay 65 Arena Rd, Barry's Bay, ON	NO TESTING



Please call **RC VTAC** to pre-register 1-844-727-6404

## 🔔 Please ensure you:

Wear a face mask or covering



Bring your health card & proof of address













### VISITS RESUME AT LONG-TERM CARE HOME

In early June, the Ontario government announced the resumption of visits to Long-Term Care Homes, retirement homes, and other residential care settings.

At the Four Seasons Lodge, we recognize that Residents have been missing their loved ones since visiting restrictions were put in place at the beginning of the COVID-19 pandemic in March. The organization has been working on ways to support visiting in the safest way possible, in alignment with direction from the province.

Beginning on June 18, one visit per week per Resident may be coordinated. In order for safety to be maintained during visits, a number of strict public health measures will be put in place to protect residents, visitors, and staff.

Visitors will be required to pass active screening every time they visit, must attest that they have tested negative for COVID-19 within the previous 2 weeks and subsequently not tested positive. The Four Seasons Lodge is not responsible for providing testing. Testing is available through the Renfrew County Virtual Triage and Assessment Centre by calling 1-844-727-6404. Visitors must also comply with infection prevention and control protocols, which include bringing and wearing a face covering during visits.

For this first phase of visiting, visits will be limited to one person per Resident and will take place in designated outdoor spaces where physical distancing of 2 meters must be maintained at all times. To accommodate visits, new outdoor spaces have been created. If you are looking to coordinate a visit at the Four Seasons Lodge, please email <a href="mailto:assistance@drdh.org">assistance@drdh.org</a> or call 613-584-3333 x 7305 to make arrangements.

Allison Lepack, Director of Care at the Four Seasons Lodge reminds everyone that, "we know it will be extremely hard not to embrace with your family member, but we ask everyone to be cautious and act responsibly, as the COVID-19 pandemic is not over and risks to our loved ones still remain".

"We recognize that visiting restrictions have been tough on Residents, as families and other loved ones play an important role in providing emotional support to Residents," said Janna Hotson, Administrator at the Four Seasons Lodge and COVID-19 Response Team Lead. "We are looking forward to Residents being able to reunite safely with their loved ones, and the strict health and safety protocols in place will help protect our most vulnerable".

As the COVID-19 situation evolves, direction on visits may be continually updated keeping the safety and wellbeing of Residents and staff at the forefront. At this time, 'general' visitation remains restricted at the Deep River and District Hospital.



# DRDH GRADUALLY RESUMES VISITING FOR ALC PATIENTS AND FAMILY CAREGIVERS

At the Deep River and District Hospital (DRDH), we recognize that patients have been missing their loved ones since visiting restrictions were put in place at the beginning of the COVID-19 pandemic in March. Hospitals in the Champlain Region welcome the move by the province to gradually resume visitation in the safest way possible, as we know that visits from family and caregivers contribute greatly to a patient's quality of life and wellbeing while in hospital.

We are working with hospitals across the region to welcome more visitors back, focusing on balancing the safety of patients, staff and visitors with the wellbeing of patients. With the gradual resumption of visitation, along with the forthcoming resumption of certain services, things will not go back to the way they were before. The organization will look and feel different as strict public health measures are in place to ensure that our patients, residents, and staff members are safe.

For this first phase of visiting, we will be gradually welcoming back visitors classified as "family caregivers or care partners", as well as visitors for Alternate Level of Care (ALC) patients.

Family caregivers or care partners include, but are not limited to, those who provide:

- Assistance with meals, mobility and personal care
- Communication assistance for patients with hearing, visual, speech, cognitive, intellectual or memory impairments
- Assistance as the designated representative for patients with disabilities
- Emotional support
- Supported decision making

For medical inpatients, family caregivers or care partners can include a loved one, a friend, a religious or spiritual care provider, or other support person of the patient's choosing. Beginning later this week, one designated family caregiver or care partner per patient will be permitted to visit for the purpose of providing care. Schedules for family caregivers or care partners will be developed based on patient need, and in consultation with nursing staff. For those patients already in hospital, staff will work with the patient and their family to designate a family caregiver or care partner and incorporate them into the care team, if applicable. Family caregivers or care partners will be identified as required during the admission process for new patients moving forward.

ALC patients are those who are awaiting transition to an alternate care setting, such as Long-Term Care. Beginning on June 25, 2020, one visit per week per ALC patient may be coordinated.

Both family caregivers or care partners and those visiting ALC patients will be required to pass active screening every time they visit, must attest that they have tested negative for COVID-19 within the previous 2 weeks and subsequently not tested positive. The Deep River and District Hospital is not responsible for providing testing. Testing is available through the Renfrew County Virtual Triage and Assessment Centre by calling 1-844-727-6404. Visitors must also comply with infection prevention and control protocols, which include bringing and wearing a face covering during visits.

Continued on next page...

Visits for ALC patients will take place in designated outdoor spaces where physical distancing of 2 meters must be maintained at all times. To accommodate visits, new outdoor spaces have been created.

"We have been doing all we can to ensure the safety of those in our care, and we recognize that visitor restrictions have been tough on our patients and their family members," said Janna Hotson, Vice President of Clinical Services. "The gradual approach to resuming visits for those hospital patients most impacted by the visiting restrictions supports ongoing safety of staff and patients, while also supporting patients to be closer to their loved ones". Throughout the COVID-19 pandemic, only those visitors classified as "essential" were allowed to visit on compassionate grounds.

If you are looking to coordinate a visit at the Deep River and District Hospital, please email <a href="mailto:assistance@drdh.org">assistance@drdh.org</a> or call 613-584-3333 x 7402 to make arrangements.

DRDH will continue to ensure that families and loved ones can remain connected with patients by helping to facilitate other forms of communication such as "virtual" visits.

As the COVID-19 situation evolves, direction on visits may be continually updated keeping the safety and wellbeing of patient, residents, and staff at the forefront. At this time, 'general' visitation remains restricted at the Deep River and District Hospital.



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# The Impact of a Positive Attitude on Your Team

Although no one can be positive all of the time, it's important to know that negativity can easily spread from you to your team. By understanding how important your mood and your reaction to workplace challenges are, you can propel your team on a positive path to success.

### SET THE TONE

Your attitude has the power to not only lift you up or drag you down, but can also do the same for your team.

Attitudes cause a chain reaction. See if you can check yourself the next time you begin to speak negatively in order to set an example.



### **BUILDING YOUR OWN POSITIVITY**

Although there will be days where your positive power seems like a distant memory, there are ways to encourage yourself to stay upbeat.

**Tune into self-talk.** Our internal chatter is often what makes it so hard to stay positive. If you find yourself saying, "this is too hard," or "I can't do it," try to change the messages you're telling yourself.

**Reward yourself.** A team who has fun together will work harder together. Even if you are remote working, you can arrange chances to socialize like coffee breaks. You might also encourage your co-workers to set up a group chat for light-hearted things like pet photos and recipe swaps. Getting to know each other better and having some fun will breathe some much-needed life and positive energy into your work.

**Highlight the good.** If you're feeling low, make a list of the things you're thankful for. This can be a big project you delivered, your team culture, or even things you're proud of in your personal life. This will help you gain perspective and can be a handy list to pull out when you are in need of a pick- me-up.

**Don't complain.** Try to stop yourself for one whole day, then two, then three. If there is something that is bothering you, see what you can do to fix it. Maybe there's an aspect of your working day that's causing a roadblock to your productivity. How can you make a proactive change rather than continuing to be frustrated? You can also encourage this kind of creative thinking among your team to help facilitate problem-solving.

**Stay healthy.** It can be hard to maintain a positive attitude when you're exhausted. Make sure you get enough sleep, eat healthy, drink lots of water, and stay active. This will do wonders not only for your physical health, but also your mental wellbeing and inner optimism.

Remember, you can encourage an upbeat attitude among your team, but it will take time and effort. A positive team member keeps morale high, increases productivity, and encourages growth with their energy, interest and, most importantly, their actions. Make it a priority to be the positive force that leads the way and watch your teams' enthusiasm blossom.

Article from our EFAP Provider: <a href="https://www.lifeworks.com/ca/newsletter-content/the-impact-of-a-positive-attitude-on-your-team/">https://www.lifeworks.com/ca/newsletter-content/the-impact-of-a-positive-attitude-on-your-team/</a>

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#### HAPPY FATHER'S DAY!

Thanks to Amber's crafty skills, each of the dads on the Medical Floor and in the Four Seasons Lodge received a little something to brighten their day on Father's Day!





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**COMMUNITY SUPPORT** 



On June 22, Jenny Ward and Audrey Turner provided the Deep River and District Hospital with a donation of \$1,000 that they raised through the sale of hand-made cloth masks. Pictured here, from left to right, is William Willard - DRDH Chief Financial Officer, Jenny Ward, DRDH Chief Executive Officer – Richard Bedard, and Audrey Turner.

Jenny and Audrey would like to extend a special thank you to Steve Langfield for allowing the masks to be sold at Giant Tiger, and to the wonderful staff for helping to facilitate sales.

For the time being, masks with different fabric designs will be available daily at Giant Tiger in Deep River. Due to the increased cost of supplies, a suggested donation of \$5 would be appreciated, with all the proceeds going to the Deep River and District Hospital.



### DRDH PREPARES FOR A GRADUAL RESUMPTION OF SERVICES

After following provincial direction in March to temporarily reduce or suspend non-essential services in order to respond to the COVID-19 pandemic, the Deep River and District Hospital is now beginning to gradually resume scheduled care.

While the organization is eager to



welcome back patients, the top priority will be making sure that everyone remains safe. The gradual ramp up of services will be based on provincial and regional frameworks, which outline a number of measures that must be in place. For example, capacity must remain available for any surge in COVID-19 cases and we must ensure that there is adequate personal protective equipment (PPE) available.

The gradual resumption of services at the Deep River and District Hospital will begin with Diagnostic Imaging (x-ray and ultrasound services). Beginning the week of June 29, the Diagnostic Imaging department will begin completing those tests that have been delayed due to the pandemic. Patients will be prioritized to ensure that those most in need of care are seen first, and patients will be contacted by the Hospital to schedule an appointment. At this time, all other in-person non-essential services remain reduced or suspended.

When patients return to the Hospital, they will find that a number of changes have been made in light of the ongoing pandemic. Everyone who enters the organization will continue to be screened for COVID-19 and will be required to wear a mask. While masks will be provided to those who need them, patients are asked to bring and wear their own mask where possible to help conserve our PPE supply. Staff members will also be wearing masks or other forms of PPE, and patients will notice that many measures are in place throughout the organization to ensure social distancing and to help prevent the spread of COVID-19. Patients are asked to arrive for their appointment no more than 5 minutes early to minimize traffic throughout the organization and the number of people in the waiting room. Patients must follow directions provided by the screening desk staff and are to travel only into their appointment location and out again, while maintaining social distance in the waiting area. Accompaniment is not permitted for patients unless they require physical assistance or are a child.

Those who still have to wait for rescheduled in-person appointments may continue to receive care virtually where possible through the Renfrew County Virtual Triage and Assessment Centre. The Renfrew County Virtual Triage and Assessment Centre remains accessible 24/7 for residents who have non-life-threatening health issues and do not have a primary care provider or cannot reach their primary care provider by calling 1-844-727-6404. Emergency Departments across the region remain open to provide emergency care throughout the pandemic.

Thank you for your patience and cooperation as we work to resume services and provide an excellent, compassionate health care experience in the safest way possible.

# DRDH RESUMES ONTARIO BREAST SCREENING PROGRAM AND MAMMOGRAPHY SERVICES

After following provincial direction in March to temporarily reduce or suspend non-essential services in order to respond to the COVID-19 pandemic, the Deep River and District Hospital is moving forward with the gradual resumption of additional services.

Beginning the week of July 6, the mammography and Ontario Breast Screening Program (OBSP) will start offering services to patients that may have been delayed due to the pandemic. New referrals are being accepted, and patients that are due for a mammogram are encouraged to call and make an appointment. At this time, all other in-person non-essential services remain reduced or suspended.

The Ontario Breast Screening Program (OBSP) is a province-wide organized cancer screening program that provides high-quality breast screening throughout Ontario. The Deep River and District Hospital is a local site for OBSP, and is accredited with the Canadian Association of Radiologists with a digital unit.

Women over 50 years of age who would like their mammogram in Deep River can call 613-732-1463 and request that their appointment be made in Deep River. No physician referral is required, reminder letters are sent for future appointments, and reports are mailed to you and your family physician. In addition, OBSP provides a large database for breast care research, and it is a best practice for breast screening.

As a reminder, everyone who enters the organization will continue to be screened for COVID-19 and will be required to wear a mask. While masks will be provided to those who need them, patients are asked to bring and wear their own mask where possible to help conserve our PPE supply. Patients are asked to arrive for their appointment no more than 5 minutes early to minimize traffic throughout the organization and the number of people in the waiting room. Patients are reminded to follow directions provided by the screening desk staff and are to travel only into their appointment location and out again, while maintaining social distance in the waiting area.

Thank you for your patience and cooperation as we continue to resume services and provide an excellent, compassionate health care experience in the safest way possible.



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### WORLD ELDER ABUSE AWARENESS DAY: STOP ABUSE—RESTORE RESPECT



June 15 each year is World Elder Abuse Awareness Day. Since its inception, communities throughout the country and around the world used this day to raise the visibility of elder abuse, by sharing information about abuse and neglect and promoting the resources and services that increase seniors' safety and well-being. Click here to read more about World Elder Abuse Awareness Day and prevention.

### RACISM AND DISCRIMINATION AT HOME AND AT WORK

In the midst of the Covid-19 pandemic, extraordinary events have swept the globe in response to the tragic deaths of African-Americans, George Floyd, and Breonna Taylor. Diverse communities around the world are calling for the end to anti-Black racism, and for employers to actively address racial discrimination in the workplace.

This month, LifeSpeak shared a number of helpful articles about addressing racial bias and racial discrimination in work environments, as well as at home.



LifeSpeak also sat down with Dr. Kira Banks, Psychologist and creator of "Raising Equity", in order to provide some thoughtful strategies on how to talk to your kids about racism. Dr. Banks emphasizes that when teaching our kids, we can't 'nice' our way out of racism, but we have to be intentional and active about creating new norms, policies, and practices that support anti-racism. Just raising kids to be nice and kind is great, but that won't fix systemic racism.

Click here to read the full article about "How to Talk to Kids about Racism and Discrimination"

To address workplace anti-Black racism successfully, employers and employees need to develop a shared understanding of what racial bias is, and how it impacts the workplace. Lasting change can only occur when each individual develops their ability to identify their own racial biases, and identifies how these biases manifest in their workplace and client relationships.

Click here to read the full article about "Addressing Racial Bias and Discrimination in the Workplace"



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#### PAID PARKING RESUMES

On July 1, hospitals across the region will return to paid parking for all staff, patients and visitors.

The decision to resume parking fees is part of the region's overall plan to increase clinical services in our community. Over the coming weeks, hospitals will begin to see more patients parking on-site as they come to the hospital for care.

Parking revenues help preserve our services and our ability to provide exceptional care.



### FOUR SEASONS LODGE NEWS



Earlier this month, the Four Seasons Lodge threw a birthday party for a special Resident!

Then, on June 8, the Four Seasons Lodge had some furry friends come by for a window visit. Residents were thrilled to meet puppies Winnie and Roo!

Thanks to our awesome staff members who brought these cuties by on their day off, just to bring a smile to our Residents' faces.



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### ADAPTING TO THE ERA OF ZOOM!

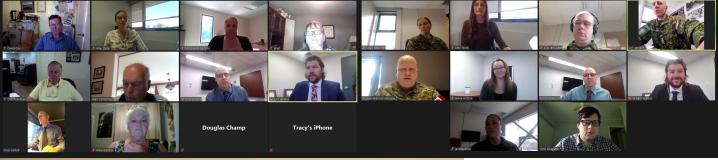
We are all doing our best to adapt to this sudden boom in video conferencing. With some trial and error, and a little help from IT, I think we are adjusting quite well. On June 24, we even managed to have the last regular meeting of our Board of Directors, the Annual General Meeting, and the first meeting of the new

Board of Directors all back-to-back (to back)

- quite a feat!

Below are a few screenshots from recent meetings with our Board of Directors, patient / resident representatives, staff, and DND partners!







I recently came across the "Room Rater" Twitter account that judges people's Zoom backgrounds in a tongue-in-cheek kind of way. You can follow them at @ratemyskyperoom. A sample of their feed is below. How do you think we would do!?





Room Rater @ratemyskyperoom · 2h It's a start. Fill space on our left or shift focus to right. 7/10 @JenniferWXwoman





Room Rater @ratemyskyperoom · 3h Nailed the lighting. Depth. Art. Plant. Flowers. 10/10



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#### YEAR-END FINANCIAL POSITION

The 2019-2020 draft audited financial statements were presented to the Board of Directors at their Zoom meeting on June 24. As with other healthcare facilities, the audit was completed entirely remotely this year. The audited statements contain a note related to COVID-19, as the impacts are unknown at this time, and there will be additional unknown costs in the future.

As of March 31, the organization improved its financial position over the previous fiscal year.

Based on the agreement with the Ministry, the organization is in a small surplus position. However, the organization is operating in a deficit when capital (equipment and building expenses) is taken into consideration.



#### **BOARD MEMBER UPDATES**

At the Annual General Meeting, the terms for Ken Philipose, Mike Ward, and Jenifer Bradley have come to an end. These three Directors have been extremely valuable members of our Board over the last several years and were thanked for their service and commitment.







The Board of Directors appointed Christian Kaiser, Neil Byrnes, and Doug Tennant as Directors of the Board for the Deep River and District Hospital, Four Seasons Lodge, and North Renfrew Family Health Team.

Jenifer Bradley, Brian Cheadle, and Elizabeth Burke were appointed to be Patient / Resident Representatives on Board Committees for the 2020-2021 fiscal year.

#### DID YOU CHECK OUT THE ANNUAL REPORT?

Did you see that the 2019-2020 Annual Report for the organization was published? Click here to check it out.

#### KEEP CHECKING THE COVID-19 UPDATES!

Please continue to refer to COVID Update emails from Janna Hotson, or other memos, for the latest information, updates, and direction related to COVID-19. With the situation evolving so rapidly, any COVID-19 related information in this Zinger may be incomplete or out of date.

These daily update emails are being saved on PolicyMedical for staff under Communications and Memos —> All Staff Memos —> 2020-2021.

Is there something you would like to see appear in the next issue of the Zinger?
Please submit photos and information to amy.joyce@drdh.org.

The Deep River and District Hospital receives funding from the Champlain Local Health Integration Network (LHIN).

The opinions expressed in this publication do not necessarily represent the views of the Champlain Local Health Integration Network.