

# THE ZINGER

Newsletter for the Deep River and District Hospital Four Seasons Lodge and North Renfrew Family Health Team

October 2020



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#### MANDATORY EDUCATION—DUE OCTOBER 31, 2020

Education for the month of October has been assigned as below, with a due date of **October 31, 2020**. If you have any questions please let Tabitha Kearney know:

**All Staff** 

Code Grey

**Cyber Security** 

COVID - Dealing with Anxiety

**IPAC** Fundamentals

Administration on call, FHT, RNs, RPNs, Medical Records, DI and Lab

Police - Privacy Sheet

LTC RPNs, PSWs, Dietary, Rec. Therapy & LTC Housekeeping

OANHSS Dietary Services Training Presentation for Front Line Dietary Staff





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#### A SIGN OF GOOD THINGS TO COME



I was at the right place at the right time on September 30, and was able to capture this incredible rainbow over DRDH. The rainbow must be a sign that good things are coming after all the proverbial rain of 2020!

#### CORPORATE ORIENTATION

A number of new members have joined our team over the past couple of months and getting together for corporate orientation sessions has been a challenge. On October 7 and October 14, two corporate orientation sessions were held safely off-site at the Deep River Library, which allowed enough space for individual tables and physical distancing. Topics covered included an organizational overview, our strategic plan, standards of behaviour, privacy & confidentiality, quality & safety frameworks, infection control, occupational health, ethics, patient rights and responsibilities, and more.



### DESPITE COVID-19, BREAST CANCER SCREENING REMAINS AS IMPORTANT AS EVER

As part of the slow, staggered resumption of non-urgent outpatient services, the Diagnostic Imaging department at the Deep River and District Hospital (DRDH) has resumed mammography services and the Ontario Breast Screening Program, in time to celebrate Breast Cancer Awareness Month this October.

Women may be choosing to postpone their routine mammograms during the current pandemic to avoid potential exposure to COVID-19, but it is important to know that when it comes to breast cancer screenings, staying home has its risks as well. Breast cancer can be impossible to see or feel, and it is the most frequently diagnosed cancer in Ontario women. The good news is that regular breast cancer screening can find cancer early, when it may be smaller and easier to treat. In short, mammograms save lives, which is why regular breast cancer screening is so important.

The Ontario Breast Screening Program (OBSP) is a province-wide, organized cancer screening program that provides high-quality breast screening throughout Ontario. DRDH is a local site for the Ontario Breast Screening Program, and is accredited with through Cancer Care | Ontario. DRDH consistently scores very well for wait times from first assessment to | diagnosis, and offers patients a chance to have their mammograms completed locally.

There are many reasons to choose the Ontario Breast Screening Program - no referral is required, reminder letters are sent for future appointments, reports are mailed to you and your primary care provider, OBSP provides a large database for breast care research, and it is a best practice for breast screening.

DRDH is committed to providing the safest possible breast screening experience for our | patients. A number of precautions are in place including active screening for every person entering the organization, requiring everyone to wear a mask, spacing out appointments to allow time for thorough cleaning between patients, and more.

If you are unsure whether or not you need to be screened for breast cancer, talk with your primary care provider. Patients that are due for a mammogram are encouraged to call and make an appointment. Women over 50 years of age who would like their mammogram in Deep River can call 613-732-1463 and request that their appointment be made in Deep River.



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OCTOBER IS
BREAST CANCER
AWARENESS MONTH
BOOK YOUR
MAMMOGRAM

The Zinger

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Why Choose the Ontario Breast Screening Program?

No referral required

Reminder letter sent from OBSP for future appointments

Report mailed directly to you and your primary care provider

OBSP provides large database for breast care research

Best practice for breast screening

Women over 50 who would like their Mammogram in Deep River:

Call **613-732-1463** and request your appointment be in Deep River.







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#### HAPPY DIAGNOSTIC MEDICAL SONOGRAPHY WEEK! OCTOBER 5-11, 2020



We really "donut" know what we would do without our amazing Diagnostic Medical Sonographers! In celebration of Sonography Week, which ran from October 5-11 this year, staff enjoyed McGuire's donuts together (but far apart) on October 8.

Pictured here is one of our fantastic Diagnostic Medical Sonographers from the Diagnostic Imaging team, Bianca Robinson.



#### HAPPY FOOD SERVICE WEEK! OCTOBER $19\!-\!25$ . 2020





Along the sweet-treat theme, cake was enjoyed by staff in celebration of Food Service Workers Week, which ran from October 19-25 this year. Our amazing Food Service Workers really "take the cake" for the work that they do every day! Pictured here is one of our long-time dedicated Food Service Workers from the Dietary team, Gerald Chaput.

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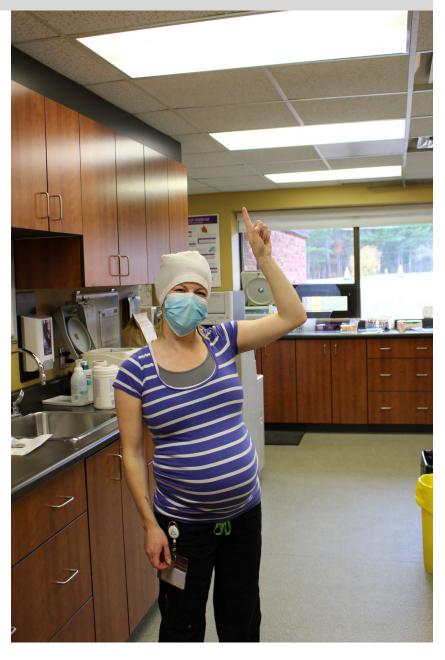
#### LAB HUMIDIFIER REPAIRED!

Thanks to a very generous anonymous donor, the humidifier in the Laboratory was recently able to be repaired.

The humidifier is a critical piece of equipment in the lab as it ensures that the other pieces of equipment are able to produce accurate test results.

The humidifier itself is located in the ceiling, and is not very photogenic, so instead, pictured here is the very photogenic Stephanie Holt, Medical Laboratory Assistant.





#### CESAR THE CURIOUS

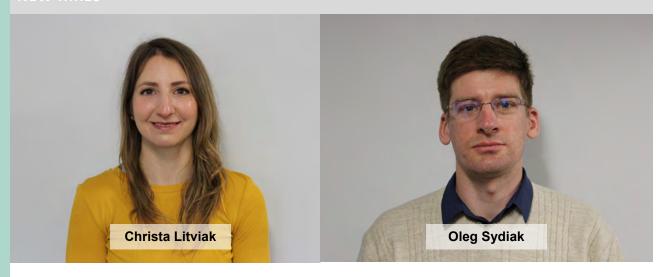


Cesar has been wondering what this stuff is that we all keeping using on our hands so much—it smells funny. We explained to Cesar the importance of hand washing using

an alcohol based hand sanitizer, which is something he ended up hearing a lot about during Infection Prevention and Control Week, which was October 19-25, 2020.



#### **NEW HIRES**



This month we are pleased to welcome two new members to our team.

**Christa** is a Medical Radiation Technologist (MRT) who will be working in Diagnostic Imaging, and **Oleg** will be working as Information Technology (IT) support.

Please join us in welcoming these two new staff members to DRDH!





#### BOARD CHAIR UPDATE

Please note that Dick Rabishaw, our Board Chair, is taking a leave of absence.

We are pleased to announce that Chris Carroll has assumed the role of Board Chair, effective October 15.





#### CONGRATULATIONS REBECCAH!



Please join us in congratulating Rebeccah McNeil on the completion of her PSW Certification!

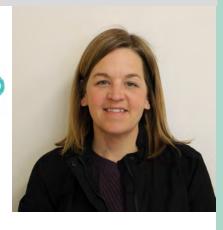
Rebeccah joined the organization as a housekeeper, and has worked hard to complete her online learning through the Native Education & Training College in North Bay as well as her clinical practicum placement here at the Four Seasons Lodge.

Also, a huge thank you to Rebeccah's clinical preceptor, Amanda Pleadwell, for her mentorship during Rebeccah's clinical placement, and for sharing her philosophy of person centered care. Rebeccah is an amazing PSW, and a real asset to the team in the Four Seasons Lodge.

#### CONGRATULATIONS CARMEN AND SARAH!



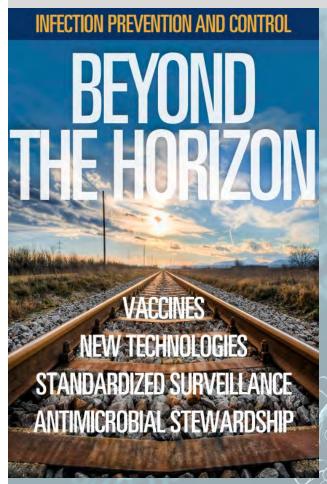




Please join us in congratulating Carmen Walker, above left, and Sarah Harder, above right, who have both recently passed their NCLEX exams to become Registered Nurses. After completing their consolidations here with us, Carmen joined our team as a PSW, and Sarah joined as a Clinical Care Assistant. They have since been able to transition to working as Graduate Nurses while they prepared to write their NCLEX exams. We are thrilled that both these awesome nurses have completed their education and are continuing to provide exceptional care to our patients as part of the clinical care team.

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INFECTION PREVENT AND CONTROL WEEK, OCTOBER 19-25, 2020



Below is a message from Janna Hotson, our
Vice President of Clinical Services, Chief Nursing Executive
& Administrator:

As Infection Prevention and Control (IPAC) Week draws to a close for another year, a huge thank you goes out to all of our official Infection Prevention and Control (IPAC) staff and to everyone that supports the work of infection control in keeping all of us safe and healthy.

Every year in October we celebrate the work that IPAC professionals do in keeping us safe from infectious threats all around us. This year, more than any before, we should pause to reflect and thank our IPAC professionals for the incredible work occurring every day. This year's IPAC week theme is appropriately designated *Beyond the Horizon* – reflecting IPAC's ability to face an unknown future with knowledge, evidence and best practices, and carry us all safer into the future, whatever it may bring.

COVID-19 has shown the world how critical Infection Prevention and Control professionals and knowledge are in keeping the world safe. In addition to all the usual suspects (healthcare-associated infections, resurgence in measles outbreaks, flu season, etc.), the infection prevention and control community, and all of us, are fighting a global

pandemic for the foreseeable future. These IPAC leaders and other professionals are applying and sharing knowledge in this fight, and are working every day using their skills, knowledge and expertise more than ever to keep all of us safe. This work happens every day, on every shift, from our own IPAC professionals and clinicians across all disciplines.

I would like to offer a very sincere thank you to our identified IPAC staff, Alana Hawley and James Elliott, as well as to all staff and physicians across the organization for their work applying IPAC principles, best practices and knowledge across all areas. Every day that we come to work all of us, regardless of our role, contribute to keeping our patients, residents and each other safe from infection. Whether we are cleaning work surfaces, patient areas, washing our hands, changing shoes or uniforms, or taking extra steps to social distance or avoid close contact that will minimize transmission, this year more than ever these efforts we take every single day make a difference.

None of us could ever have imagined we would be where we are today, seven months into a global pandemic that has changed significantly all of our day-to-day lives, both at work and home. All of our IPAC knowledge has grown throughout this, as has the recognition and appreciation of infection control as a specific and valuable skill set we all have and can apply that improves and saves lives every day.

As we embrace the challenges of this year, I am grateful more than ever that we are facing this challenge together, with such an amazing, knowledgeable and strong team of professionals to keep us, our patients, residents, families and community safe.

Happy Infection Prevention and Control Week 2020!

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#### **IPAC WEEK FLU SHOT CLINICS**



Pictured here are staff members Mary deRuiter (left) and Janet Madore (right) getting their flu shot from Infection Prevention and Control Nurse Alana Hawley.

While Infection Prevention and Control Week offered staff a chance to partake in some fun (virtual) activities to test and expand their knowledge, it also offered an opportunity to get the flu shot! Two flu shot clinics were offered for staff during IPAC week.

If you missed these clinics, please contact James Elliott, at ext. 7407, and either he or Alana would be happy to provide you with your flu shot!

Congratulations to Sandra Moore, Julia Okum, Tracy Govereau, Samantha Brazeau and Heather Perry, who participated in the IPAC week virtual activities and won some very IPAC appropriate prizes.



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### Managing Sleep in the time of Coronavirus

If your sleep schedule or your sleep patterns have shifted in recent months, you are far from being alone. If you are feeling like your sleep patterns (or the patterns of others in your household) are not working well for you right now, this article will offer some suggestions about what you can do about it. These tips are important for healthy sleep, regardless of whether or not you are living in quarantine:

- To reinforce the importance of routine, be mindful of how your routine is either helping or sabotaging your sleep. If you're not already doing this, aim for regularity when you realize something is working for you routine. One suggestion is to allow for time each night before bed to "wind down" from your day before you enter your bed.
- Create an ideal sleep environment. Your ideal environment factors in your preferences for temperature (cool temps are usually more conducive for sleep), sound, and lighting (based on how sensitive you are to morning light seeping into the room).
- To the extent which this is feasible for you right now, try not to work in your bedroom. Maintain your bed as a place that is reserved for sleep and relaxation only.
- Electronics and work have their role in your life, but for optimal sleeping, it is recommended that you
  decide to keep them out of your bed. Electronic usage in bed can become a slippery slope. With
  regular use of electronics in bed, our brain may get confused about the purpose of your activity and
  have a harder time shutting down when we get into bed at night to sleep.
- Be mindful of naps. If you had an "off" night and feel the urge to nap, it is strongly recommended to sleep for no more than 20-25 minutes and to nap early in the day. Set an alarm if you have to. Longer sleep durations often result in difficulty sleeping at night; you may not feel the urge to sleep when it's the time you typically head to bed. Alternatively, skip the nap altogether.
- Consider your activities during your wakeful hours and how they may impact sleep. This includes, but is not limited to, exercise (presence and timing of), your food choices (including timing of), and caffeine and alcohol consumption. Reflect on how these affect your sleep and, with that information in hand, make choices that support sound sleep for you. Also, be mindful of your choices around news and media consumption and make adjustments to the timing and quantity if needed.
- De-stress. Consider what usually works for you when it comes to managing stress and what has
  worked for you thus far in quarantine. If this is an area that needs improvement, now is a time to get
  creative and consider new approaches, such as meditation, taking walks, engaging in a creative outlet,
  or dusting off an old hobby.
- If you're regularly tossing and turning, get out of bed and instead choose a relaxing activity outside of bed. Once you notice that you yawn or are feeling sleepy, take that as a cue to re-enter bed. You are, in essence, hitting "reset" on your efforts to fall asleep.



Article adapted from our EFAP Provider: https://lifespeak.com/managing-sleep-in-the-time-of-coronavirus/

# DEEP RIVER AND DISTRICT HOSPITAL TO RECEIVE INFRASTRUCTURE FUNDING

The Ministry of Health has confirmed funding approval for the Deep River and District Hospital (DRDH) to receive just over \$925,000 in much needed infrastructure funding, under the Health Infrastructure Renewal Fund (HIRF).

The Health Infrastructure Renewal Fund was established in 1999 to assist hospitals in renewing their facilities. HIRF funding is for infrastructure renewal projects that extend the useful life of the facility or improve the facility's quality or functionality, provided that such improvements do not result in an increase to the hospital's approved operating funding base. HIRF funding may <u>not</u> be used to purchase medical equipment, support COVID-19 response, or support day-to-day operations.

With this year's HIRF funding, the Deep River and District Hospital will be working hard to replace aged critical infrastructure to ensure the facility is able to meet the needs of our communities. Specifically, the funding will be allocated to replace and upgrade the original electrical service and distribution.

William Willard, Vice-President of Operations and Chief Financial Officer, stated that, "HIRF funding allows our organization to make costly upgrades that may otherwise be delayed due to the growing financial pressures on health care organizations. With the added financial pressures faced during the COVID-19 pandemic, this funding is welcomed so we can make these much needed upgrades to or facility without impacting our operating budget and existing cash flows."

The organization has been quite successful in their applications for funding under the HIRF program over the last several years. In the 2018-2019 fiscal year, HIRF funding allowed for the replacement of the nurse call and fire panel systems throughout the facility, as well as expand areas that are serviced by emergency back-up power. In the 2019-2020 fiscal year, HIRF funding allowed for the replacement of the hot water boilers.

In addition to continuing to respond to the ongoing COVID-19 pandemic, completing this electrical system upgrade will become a top priority for the organization. Richard Bedard, President and CEO, expressed that, "this funding approval is the result of significant work by our Senior Leadership Team over the past several months. In addition to tirelessly working to protect our staff, patients, residents, and the community from COVID-19, our Leadership Team

has been able to remain forward-thinking and ensure our organization has up-to-date infrastructure to continue to provide an excellent, compassionate health care experience for our communities". Bedard further noted that, "on behalf of the organization, we would also like to sincerely thank the Ministry of Health for this infrastructure investment".



#### **NOVEMBER IS DIABETES AWARENESS MONTH**

#### Next month marks Diabetes Awareness Month and World Diabetes Day (November 14)!

The Diabetes Education Program here at the Deep River and District Hospital, along with the four other Renfrew County Diabetes Education programs, has continued to offer diabetes counselling services through the COVID-19 pandemic.

Most appointments for diabetes education are conducted virtually (primarily by phone) with either the Registered Nurse or Registered Dietitian, but in-person visits for insulin starts or gestational diabetes are arranged as needed. Access to Flash Glucose Monitoring and Continuous Glucose Monitoring technologies are playing a growing role in our ability to monitor glucose control of our clients with diabetes remotely.

For individuals with diabetes who do not have a primary care provider, our Renfrew County Unattached Diabetes Program allows timely primary care access (virtually) with Dr. Phyllis Hierlihy – our telemedicine endocrinologist in Ottawa. Physician referrals are preferred for all endocrinology referrals (by completing OTN Referral form). Our diabetes team is also able to arrange diabetes care (i.e. lab tests, medication changes) with Renfrew County VTAC Physicians. Information on medication & glucose monitoring compassionate programs continue to be available for clients struggling to afford their diabetes care through individual diabetes teams. Our diabetes program Social Worker (at the Renfrew Victoria Hospital) is also accepting referrals for virtual visits.

Self-referrals to any of the 5 Renfrew County Diabetes Programs are always welcome!

If anyone has any diabetes-related concerns, please contact Erica Van Drunen at 613-584-3333 ext. 7470 or by email at erica.vandrunen@drdh.org.



#### STAFF ENTRANCE TO ORGANIZATION

Since March, all staff, physicians, visitors, and others have undergone "active" screening where COVID-19 screening questions are asked by the screener before entering the organization.

With COVID-19 screening now part of our daily routine, "passive" screening for all staff will now be available. Passive screening involves the individual reviewing, answering, and acknowledging a "negative" screen on the COVID-19 screening questions without directly interacting with a screener or others. Acknowledging a negative passive COVID-19 screen will be done using the tap/swipe badges, which are tracked automatically in the system as to date, time and person that swipes at each interaction.

Effective October 20, 2020, passive screening will be available at the staff entrance and the Family Health Team (for FHT staff only) entrance.

Staff will now have the option to enter/exit the organization using the staff entrance/food bank or the FHT door by acknowledging they have reviewed the posted screening tool and had a negative screening result.

The most recent COVID-19 screening tool will be posted these entrances. Everyone entering via these door <u>must</u> read the questions and answer negative before tapping to enter the organization. By tapping into the building, staff are agreeing that they do not have any symptoms/travel that would cause them to fail their COVID screen. Every staff member using the staff entrance must tap in individually (i.e. do not hold the door open for other staff members).

The current process for Four Seasons Lodge staff remains unchanged. Four Seasons Lodge staff continue to be required to be actively screened, with temperatures, before entering Four Seasons Lodge per the Provincial Medical Officer of Health.

All visitors, patients and others entering the organization will continue to be actively screened and use the single main entrance.

Staff are required to wear their own mask when entering the building at the staff/FHT entrance. Procedure masks for the shift (if required) will still need to be retrieved from the screening desk at this time.

The goal of offering a passive screening option for staff is to assist with minimizing crossover

between unscreened patients and staff at the single entrance, and improve flow in and out of the organization for staff.

If anyone has questions during or before going through passive screening, or if the passive screen is "positive" staff are to go to the screening desk. Staff continue to have the option to use the active screening desk and speak to the screener at any time.



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#### HAPPY 45th BIRTHDAY DRDH!

Did you know that we are celebrating a big birthday this October? The Deep River and District Hospital's current Banting Drive location first opened it's doors on October 25, 1975...making this October our 45th Birthday! Below are some photos of the hospital under construction as well as newspaper clippings of coverage from the opening weekend, thanks to the North Renfrew Times.





Pictured here is the construction site in August of 1974.

Aug 28 1974

Pictured here is the groundbreaking for construction of the "new" Banting Drive hospital in October of 1974.

Does anyone recognize any of these folks (or the pup)? If you recognize anyone, please let me know, as I would love to be able to identify them.



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October 29, 1975 — THE NORTH RENFREW TIMES — Page 3

# The new hospital: An aura of spaciousness

First impressions mean a lot. When entering the hospital for the first time, the spaciousness is attractive. After the cramped quarters at the old hospital, where it was a nightmare for sufferers of the the transposition. claustrophobia, the new quarters seem brighter, more open and definitely a one hundred per cent improvement.

#### Official Opening Saturday, October 25

Dr G O Baines, guest Speaker. The official opening of the New Deep River and District Hospital was held on Saturday, October 25. One hundred and Saturday, October 25. One hundred and forty dignitaries and guests were invited, with approximately ninety-five appearing on opening day. Unfortunately there were no government representatives present but one guest of honour was Dr Gordon Baines, who travelled from Victoria B C at his own expense to be present at the formalities. Dr Baines, a former chairman of the Hospital Board who resigned in 1973 to move out to BC, was the actual force behind the building of the new Hospital. An article in the NRT, November 28, 1973, stated: "It is with reluctance that the Deep stated: "It is with reluctance that the Deep River and District Hospital Board ac-cepted the resignation of their chairman Dr G O Baines, who is leaving Deep River in the New Year. Dr Baines has made a tremendous contribution toward the realization of a new hospital in Deep River. Without his persistent, untiring efforts, plans for the hospital would not

have progressed to their present position".

Dr Baines received the welcome telephone call on Wednesday morning December 19, 1973 from the Ontario Ministry of Health announcing that final approval was given for the financing of the new Hospital and for the conversion of the present Hospital administration to Public Status

Dr Baines spoke only a few words at the opening on Saturday. "I now declare the new Deep River and District Hospital open," he said after congratulating the open," he said after congratulating the architect and contractor for a job well done. Vic Thompson, a member of the present Hospital board, went on to introduce the present chairman of the Board, Bill Watson, and the Hospital Administrator, Frank Schikurski.

One dignitary was not introduced. Sean Conway, the new Liberal MPP, arrived just after the introductions and tours began. He later chatted with invited began. He later chatted with invited guests and was questioned thoroughly on the "extended Care Unit" which had originally been planned for the Hospital.

The Hospital tours were carried out by members of the staff, with candystripers baby-sitting any children present. The foyer of the hospital area is large, well lit and cheery-looking. A bright yellow partition hides the cafeteria which will be

open to both visitors and staff. A Board Room, which adjoins the cafeteria, has a folding door which provides privacy for special meetings but also allows extra space if needed for the meal hours. The corridors of the building are carpeted in an orange tone indoor-outdoor rug. The en-durance ability is yet to be seen but work-men who recently tracked mud all over the newly laid carpet left not a trace of evidence for the open house. One new evidence for the open house. One new feature of the hospital is a gift shop run by the Hospital Auxiliary. The shop will cater to visitors, staff and patients alike, featuring hand-made gifts, stuffed animals, various toys, cards, candy and snacks. Hours will be daily 24 pm. and 6-8.

The centralized nurses' station is a large The centralized nurses' station is a large complex which oversees the Paediatric, Surgical and Medical Units. A novel idea is a play room for the children which is encompassed by glass windows and just opposite the nurses' station. The Hospital also sports a modern look—colour coordinated bedding and screens. Gone is the sterile and depressing white, thank heavens. Paediatrics is in a dashing blue. Surgery in green, Medicine in gold and Maternity in a vibrant yellow. The Obstetrical Unit is semi-isolated now—a far cry from the old hospital where visitors. Obsteti Cal To the loss of the Where visitors beat a steady path through to reach the Medical, Surgical and Paediatric Units. The lemon coloured bedding is cheery and the fathers get to pace in a proper and

private waiting room. Wow! The one comment heard again and again was the bright yellow wall in the labour room. Wouldn't that colour tend to be a bit nauseous after X number of hours in

labour?
The patients' rooms feature all-electric beds, individual temperature controls, private bathrooms, and TV's and phones (rented by the day or week).
Other new features in the building are a Patients' Lounge and a Quiet Room. The Lounge has comfortable seating, piped in music and a huge picture window. The Quiet Room will hold magazines and books to be seited to make all the proper size of the property of

Quiet koom will not magazines and obtains and patients may either sit and read or write letters at the desk provided.

The Hospital Lab, Radiology Department, Fracture Room, and Emergency Department are all modern and up-to-

date. Also, all are well marked and easily accessible to both the Hospital itself and the Health Clinic.

The Community Health Centre, which is attached to the Hospital, houses the Doctors' offices, a dental clinic, the Renfrew County Health Unit and the Family Service Bureau. There is also a large board room available for meetings.

#### Local Artists Featured

The Hospital also features many local artists with paintings displayed throughout the building. The vibrant colour schemes of the rooms seem to match exactly the oils.

### **PHONE 584-2181** DEEP RIVER

HELD OVER - 2nd BIG WEEK

The terrifying motion picture from the terrifying No. 1 best seller.







## "It's open" - the new Deep River and District Hospital

The official opening of the New Deep River and District Hospital was Saturday and Sunday October 25 and 26. Judging from the turnout, ninety five invited guests on Saturday and close to two thousand on Sunday, the opening was an exciting event and one the public looked forward to.

Sunday the line-up began at 9.45 am and when the doors were locked at 3.30 pm approximately two thousand men, women and children had toured the building. The comments were for the most part favourable and many people were amazed at the bright colours and "open spaces" found in the new Hospital. Refreshments were served by Auxiliary members and hospital kitchen staff following the tours.

Fifteen hundred donuts, six cases of pop and six hundred cups of coffee were served. Candy stripers volunteered to babysit the children and also helped collect discarded coffee cups and napkins. Among the crowd were visitors from Don Mills, Hazeldean, Wakefield, Quebec, Peterborough, Edinburgh, Scotland, Kingston, Digby, Nova Scotia, Ottawa and Victoria, British Columbia. All visitors were asked to sign a guest book at the information desk in the Foyer.

The hospital staff, wearing corsages provided by the Renfrew Chapter Registered Nurses' Association of Ontario, acted as tour guides and were presented with a cake at the end of the day. The large cake was donated by Fran Hills, President of the Hospital Auxiliary.

Candy stripers for the two day event were Carole Beyore, Jackie Guimond, Adrienne Gerard, Kim Jones, Laurie Spence, Christie Lamb, Kathy Gayda, Paula Mungham, Marlene James, Megan James, Kathleen Guertin. One rather "flowery tribute" was given to Betty Culpepper, Head Nurse of the Operating Room who has worked in the Hospital for 25 years. She was sent a bouquet of carnations by a co-worker in gratitude for her years on the Nursing Staff. Other floral tributes were sent to the Hospital and scattered throughout the building for the Open House.





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Dr Henry Gassman (right), Medical representative on the Deep River and Area Hospital Board, shows the new up-to-date autoclave in the newly opened Deep River Hospital to Sean

Conway MPP and Reeve Robert Seguin of Chalk River on Open House day, October 26.

Lorna Bourns photo



Mr and Mrs Hugh Campbell joined Medical Health Officer Dr Van Veldhoven and Mrs Boudreau in the laboratory of the new hospital as Pauline Purvis explained the functions of Envirco Safety Cabinet which is used to test swabs taken from both

animate and non-animate objects. A special Ultra-violet light is installed inside the top of the cabinet to sterilize it after tests are made.

Bourns photo

If you find these photos interesting, keep your eyes peeled for a special photo project that will be revealed soon! Some really fascinating historical photos will be displayed across the organization, in order to celebrate our history. We can't wait to show you more—stay tuned!

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#### **CHANGE TO WEBMAIL ACCESS**

As a result of unauthorized access attempts on the organization's website, the link to "webmail" has been removed from the website (www.drdh.org). Removing this direct link to our DRDH email will help mitigate against future unauthorized attempts to breach our systems.

The organizational website no longer includes a direct link to webmail (as seen to the right).

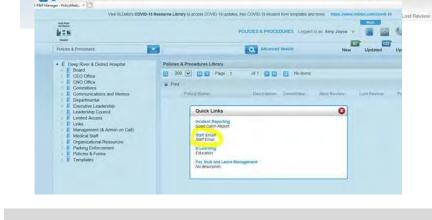
Webmail will remain accessible through PolicyMedical. Once you are logged into PolicyMedical, webmail is linked as a "Quick Link" under the "Main" icon:



Webmail can also be accessed by "bookmarking" it or using a "short-cut" on your desktop.

Accessing your email through Outlook will not be affected by this change.

Please don't hesitate to contact IT if you have any questions, and thank you for your cooperation as we work to protect our organization.



#### CODE RED

DAP Manager - Policy Media 1

Policies & Projectures

Deep River & District Hospita
Board

On the morning of September 26, the Deep River Fire Department responded onsite to the organization over a concern over a smell of smoke in the Laboratory. While the Fire Department was onsite and inspecting the Laboratory, a fridge in the lab caught fire.

The Fire Department responded immediately, extinguishing the fire with no significant damages or injuries occurring (other than the loss of the fridge).

The staff's proactive response in calling 911, notifying Administration-on-Call, and enabling emergency procedures in response to a concern mitigated potentially significant losses. There were no interruptions in service or impacts to patient care.

A huge thank you to the Charge Nurse and staff who responded for their quick and effective response and actions that kept the organization, our patients and residents safe!

# RESPIRATORY OUTBREAK DECLARED AT THE FOUR SEASONS LODGE

On the morning of October 21, a respiratory outbreak was declared at the Four Seasons Lodge Long-Term Care Home by Public Health. Even though only a small number of residents are experiencing mild respiratory symptoms, outbreak precautions have been put into effect to prevent further spread of the illness.

At this time, the cause of the outbreak is not suspected to be COVID-19 or influenza, and testing has been done to rule out both.

In order to protect our residents and staff, all visitation has been suspended. However, window and virtual visits continue to be encouraged, and can be coordinated directly by calling the Four Seasons Lodge at 613-584-3333 ext. 7305.

The Home is taking extra precautions including enhanced cleaning, monitoring, and is providing additional support in order to ensure our residents remain safe and healthy.

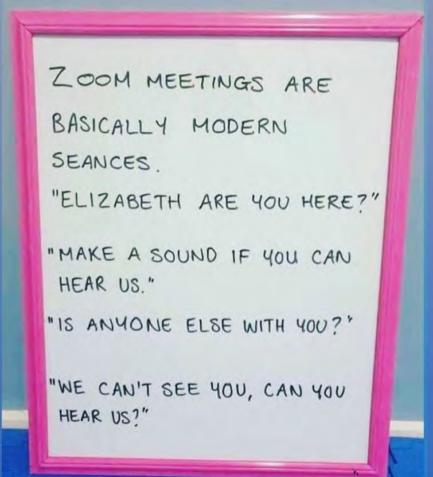
The Four Seasons Lodge will continue outbreak precautions to limit spread of the illness and will work with Public Health daily until the outbreak is declared over.

Thank you to everyone for your cooperation in helping to keep our residents and staff free from illness.



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**GIVE US A SIGN..** 







#### KEEP CHECKING THE COVID-19 UPDATES!

Please continue to refer to COVID Update emails from Janna Hotson, or other memos, for the latest information, updates, and direction related to COVID-19.

These update emails are being saved on PolicyMedical for staff under Communications and Memos —> All Staff Memos —> 2020-2021.

Is there something you would like to see appear in the next issue of the Zinger?
Please submit photos and information to <a href="mailto:amy.joyce@drdh.org">amy.joyce@drdh.org</a>.

The Deep River and District Hospital receives funding from the Champlain Local Health Integration Network (LHIN).

The opinions expressed in this publication do not necessarily represent the views of the Champlain Local Health Integration Network.