







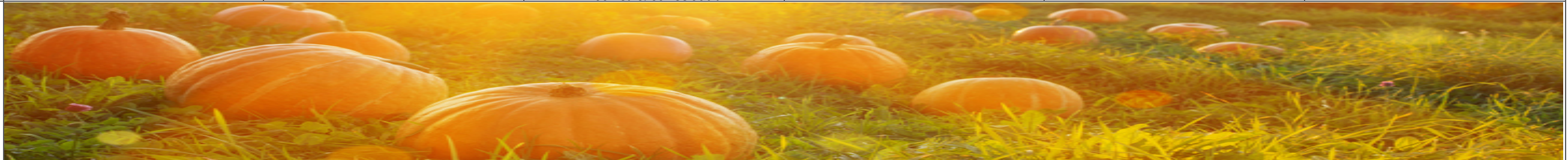


# October 2021

## Four Seasons Lodge Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> <b>PSW Lead Activities</b> 2:00 <b>BINGO</b> WITH NORTH RENFREW LTC 7:00 Tea & Coffee Social	<b>9-4 2</b> 9:30 Exercises 10:00 Crosswords 11:00 Mind work (Writing) 1:30 Darts 2:30 Trivia/Making Music
					<b>9-2 3</b> 10:00 Exercises 11:00 Virtual Church 1:00 Easy Listening Hour 2:00 Sunday Matinee 7:00 Tea & Coffee Social	<b>4</b> <b>PSW Lead Activities</b> 7:00 Tea & Coffee Social
<b>10</b> <b>PSW Lead Activities</b> 7:00 Tea & Coffee Social	 <b>2-8 11</b> <b>Happy Thanksgiving!</b> Volunteers to help set up! 9:30 Exercise Group 10:30 Taste of Home – Pumpkin pie 11:30 News / Hang Man 1:30 One on One 5:30 Turkey Dinner Thanksgiving Feast!!	<b>12</b> <b>PSW Lead Activities</b> 7:00 Tea & Coffee Social	<b>9-3 13</b> 9:30 Exercise Group 10:30 Halloween decorating 11:45 Art Therapy/Beading 2:00 Reading 7:00 Tea & Coffee Social	<b>3-8:00 14</b> 3:00 Exercise 4:00 Cards 6:00 Movie night (Romance) 7:00 Tea & Coffee Social	 <b>15</b> <b>Happy Birthday Loraine!</b> <b>PSW Lead Activities</b> 2:00 <b>BINGO</b> WITH NORTH RENFREW LTC 7:00 Tea & Coffee Social	<b>9-4 16</b> 9:30 Exercises 10:00 Crossword 11:00 Mind Work (math) 1:30 Darts 2:30 Ladies' Afternoon Games/Tea
<b>9-2 17</b> 10:00 Exercises 11:00 Virtual Church 1:00 easy listening 2:00 Sunday Matinee 7:00 Tea & Coffee Social	<b>18</b> <b>PSW Lead Activities</b> 7:00 Tea & Coffee Social	<b>9-3 19</b> 9:30 Exercise Group 10:30 Taste of Home – Butter Tarts 11:30 Sing-a-long 2:00 Board Games 7:00 Tea & Coffee Social	<b>20</b> <b>PSW Lead Activities</b> 1:30 Reading 7:00 Tea & Coffee Social	<b>1-8:00 21</b> 2:00 Residents and Family Council 3:00 Exercises 4:00 Cards 6:00 Men's Night – John Wayne Movie, Snacks & Beverages	<b>9-3 22</b> 9:30 Exercises 10:30 Mind Work (Pen Pals) 11:00 Taste of Home – Veggie and Fruit Trays 2:00 <b>BINGO</b> WITH NORTH RENFREW LTC	<b>23</b> <b>PSW Lead Activities</b> 7:00 Tea & Coffee Social
<b>24</b> <b>PSW Lead Activities</b> 7:00 Tea & Coffee Social <b>(Pick Up Pumpkins!)</b>	<b>9-3 25</b> 9:30 Exercise Group 10:30 Taste of Home – Spiced Carrot Cake 11:30 News / Hang Man 2:00 Cards 6:00 Tea & Coffee Social	 <b>26</b> <b>Happy Birthday Gladys and Mary!</b> <b>PSW Lead Activities</b> 7:00 Tea & Coffee Social	  <b>9-3 27</b> 9:30 Exercise Group 10:30 Bowling 11:45 Art therapy/Beading 12:30 Costume Contest & Carving Contest w. all staff 2:00 Reading 7:00 Tea & Coffee Social	 <b>3-8:00 28</b> 3:00 Exercise 4:00 Pumpkin Carving 6:00 Movie night (Action) 7:00 Tea & Coffee Social	<b>29</b> <b>PSW Lead Activities</b> 2:00 <b>BINGO</b> WITH NORTH RENFREW LTC 7:00 Tea & Coffee Social	<b>9-4 30</b> 9:30 Exercises 10:00 Crosswords 11:00 Mind Work (Writing) 1:30 Darts 2:30 Trivia/Making Music
 <b>9-2 31</b> <b>Happy Halloween!</b> 10:00 Exercises 11:00 Virtual Church 2:00 Sunday Matinee 6:00 Tea & Coffee Social						

Additional Activities Reading the Rosary – THURSDAYS at 11:00 AM (Call using the Seniors Without Walls Participant Number)  
 Please remember to express your interests in Recreational Activities at Residents and Family Council or bring forward your fantastic ideas at any time.