

# MARCH 2024

# FOUR SEASONS LODGE

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY   |
|--|---|---|--|---|---|--|
|  |   |   |  |   | 1<br>New Audio Books!<br>10:30 Exercises (Physio)<br>2:00 Taste of Home<br>3:00 Cocktail Hour   | 2<br>10:00 Horoscopes<br>10:30 Volley Ball<br>11:30 Group Crossword<br>2:00 Scrabble<br>3:00 Cinema  |
| 3<br>10:20 Horoscopes<br>10:30 Chair Yoga<br>11:30 Memory Board<br>2:00 Sensory Boxes<br>4:00 Church Group | 4<br>10:30 Exercises (Physio)<br>4:00 News  | 5<br>10:00 Horoscopes<br>10:30 Exercises (Physio)<br>2:00 Decorate for St. Patrick's Day!<br>4:00 News (Big TV)               | 6<br>1:40 Town News Update<br>3:00 Social Hour<br>4:00 Cards (Uno)<br>6:30-8 Visiting with the Cubs! | 7<br>10:30 Exercises (Physio)<br>11:30 Crafting<br>4:00 News  | 8<br>10:00: Horoscopes<br>10:30 Exercises (Physio)<br>11:30 Trivia<br>2:00 Taste of Home<br>3:00 Cocktail Hour<br>4:00 News (Big Tv)  | 9<br>10:00 News<br>PSW Led Activity (Trivia)<br>2:00 Cinema  |
| 10<br>PSW Led Activity (Audio Book Reading)<br>2:00 Beading<br>4:00 Church Group<br>6:00 Cinema            | 11<br>10:00 Horoscopes<br>10:30 Exercises (Physio)<br>11:30 Sensory Boxes<br>2:00 Bingo<br>4:00 News (Big TV) | 12<br>10:30 Exercises (Physio)<br>4:00 News (Big TV)  | 13<br>PSW Led Activity (Town News)<br>3:00 Manicures<br>6:00 Cinema                                  | 14<br>10:00: Horoscopes<br>10:30 Exercises (Physio)<br>11:30 Crafting<br>2:00 Book Club<br>4:00 News (Big TV)                           | 15<br>10:00 Exercises (Physio)<br>2:00 Taste of Home<br>3:00 Cocktail Hour  | 16<br>10:00 Horoscopes<br>10:30 Volley Ball<br>11:30 Group Crossword<br>2:00 Scrabble<br>3:00 Cinema |
| 17<br>Happy St. Patrick's Day!<br>5:00 Irish Stew Supper with Green Beer                                   | 18<br>10:30 Exercises (Physio)<br>4:00 News   | 19<br>First Day of Spring!<br>10:00 Horoscopes<br>10:30 Exercises (Physio)<br>2:00 Decorate for Easter!<br>4:00 News (Big TV) | 20<br>1:40 Town News Update<br>3:00 Social Hour<br>4:00 Cards (Euchre)<br>6:00 Cinema                | 21<br>10:30 Exercises (Physio)<br>11:30 Crafting<br>2:00 PM Resident's & Family Council   | 22<br>10:00: Horoscopes<br>10:30 Exercises (Physio)<br>11:30 Trivia<br>2:00 Taste of Home<br>3:00 Cocktail Hour<br>4:00 News (Big Tv) | 23<br>PSW Led Activity (Trivia)<br>10:00 News<br>2:00 Cinema   |
| 24<br>10:30 Social Hour<br>11:00 Easter Brunch with Family & Friends<br>4:00 Church Group<br>6:00 Cinema   | 25<br>10:00 Horoscopes<br>10:30 Exercises (Physio)<br>11:30 Sensory Boxes<br>2:00 Bingo<br>4:00 News          | 26<br>10:30 Exercises (Physio)<br>1:30 Easter Egg Scavenger Hunt<br>4:00 News (Big TV)  | 27<br>PSW Led Activity (Town News)<br>3:00 Manicures<br>6:00 Cinema                                  | 28<br>10:00: Horoscopes<br>10:30 Exercises (Physio)<br>11:30 Crafting<br>2:00 Taste of Home<br>3:00 Cocktail Hour<br>4:00 News (Big Tv) | 29<br>Good Friday<br>10:30 Exercises (Physio)<br>4:00 News  | 30<br>10:00 Horoscopes<br>10:30 Volley Ball<br>11:30 Group Crossword<br>2:00 Scrabble<br>3:00 Cinema |
| 31<br>Happy Easter!<br>4:00 Church Group   |   |   |  |   |   |  |

Please remember to express your interests in Recreational Activities at Residents and Family Council or bring forward your fantastic ideas at any time.

\*\* Please note: We are asking our residents to socially distance as much as possible when in activities as well as encourage wearing masks when social distancing is not possible. FSL as always encourages family to join/participate in programing with their loved one, when able. Face Time or Skype calls are also always available, please call to setup.