



JULY 2025

FOUR SEASONS LODGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		<div>1</div> <div>Happy Canada Day!</div> <div>12:30 Poutine Bar Lunch to celebrate Canada Day!</div>	<div>2</div> <div>11:00 Exercises</div> <div>PSW Led Activity (TRIVIA)</div>	<div>9-3 3</div> <div>10:00 Exercises</div> <div>11:00 Gardening</div> <div>12:30 BBQ Lunch & Cocktails with Ann</div>	<div>4</div> <div>11:00 Pet Therapy with Moose</div> <div>PSW Led Activity (BINGO)</div>	<div>9-3 5</div> <div>9:30 Tea & Coffee Social with Music</div> <div>10:30 Bowling</div> <div>11:30 Cards</div>	
	<div>9-3 6</div> <div>10:00 Sound Bath & Stretches</div> <div>10:00 Virtual Church</div> <div>11:00 Bocce Ball</div> <div>4:00 Church Group</div>	<div>7</div> <div>10:00 Exercises</div> <div>PSW Led Activity (HANG MAN)</div>	<div>9-4 8</div> <div>Special Breakfast</div> <div>10:00 Bingo With Volunteers</div> <div>11:00 Board Games</div> <div>1:30 Sunshine Time</div> <div>2:00 Exercises</div>	<div>1:30 - 8 9</div> <div>11:00 Exercises</div> <div>3:00 Taste of Home</div> <div>4:00 Manicures</div> <div>6:00 Campfire & S'mores</div>	<div>10</div> <div>10:00 Exercises</div> <div>12:30 BBQ Lunch & Cocktails with Ann</div>	<div>9-3 11</div> <div>10:00 Drumming</div> <div>11:00 Pet Therapy with Moose</div> <div>2:00 Snakes and Ladders</div>	<div>12</div> <div>PSW Led Activity (BOWLING)</div> <div>3:00 Coffee & Tea Social</div>
	<div>13</div> <div>10:00 Virtual Church (PSW Led Activity)</div> <div>4:00 Church Group</div>	<div>9-3 14</div> <div>10:00 Exercises</div> <div>11:00 Mindfulness</div> <div>2:00 Puzzles</div>	<div>8-2 15</div> <div>Special Breakfast</div> <div>10:00 Bingo With Volunteers</div> <div>11:00 Food & Recreation Committee Meeting</div> <div>2:00 Exercises</div>	<div>16</div> <div>11:00 Exercises</div> <div>PSW Led Activity (TRIVIA)</div>	<div>9-3 17</div> <div>11:00 Resident Council Meeting</div> <div>10:00 Exercise</div> <div>11:00 Gardening</div> <div>12:30 BBQ Lunch & Cocktails with Ann</div>	<div>18</div> <div>11:00 Pet Therapy with Moose</div> <div>PSW Led Activity (BINGO)</div>	<div>9-3 19</div> <div>9:30 Tea & Coffee Social with Music</div> <div>10:30 Bowling</div> <div>11:30 Cards</div>
	<div>9-3 20</div> <div>10:00 Stretches & Sound Bath</div> <div>10:00 Virtual Church</div> <div>11:00 Bocce Ball</div> <div>4:00 Church Group</div>	<div>21</div> <div>10:00 Exercises</div> <div>PSW Led Activity (HANG MAN)</div>	<div>9-4 22</div> <div>Special Breakfast</div> <div>10:00 Bingo With Volunteers</div> <div>11:00 Board Games</div> <div>1:30 Sunshine Time</div> <div>2:00 Exercises</div>	<div>1:30 - 8 23</div> <div>11:00 Exercises</div> <div>3:00 Taste of Home</div> <div>4:00 Manicures</div> <div>6:00 Outdoor Music & Camp Fire</div>	<div>24</div> <div>10:00 Exercises</div> <div>12:30 BBQ Lunch & Cocktails with Ann</div>	<div>9-3 25</div> <div>10:00 Drumming</div> <div>11:00 The Monday Niters Live Music & Pet Therapy with Moose</div> <div>2:00 Scrabble</div>	<div>26</div> <div>PSW Led Activity (BOWLING)</div> <div>3:00 Coffee & Tea Social</div>
	<div>27</div> <div>Summer Family Fun Day!</div> <div>11:00 Virtual Church (PSW Led Activity)</div> <div>4:00 Church Group</div>	<div>9-3 28</div> <div>10:00 Exercises</div> <div>11:00 Mindfulness</div> <div>2:00 Puzzles</div>	<div>29</div> <div>Special Breakfast</div> <div>10:00 Bingo With Volunteers</div> <div>2:00 Exercises</div>	<div>30</div> <div>11:00 Exercises</div> <div>PSW Led Activity (TRIVIA)</div>	<div>9-3 31</div> <div>Happy Birthday!</div> <div>10:00 Exercises</div> <div>11:00 Gardening</div> <div>12:30 BBQ Lunch & Cocktails with Ann</div>		

Reminder to please bring forward your interests for recreational activities at the Food & Recreation Committee or provide ideas at any time to the Recreation Worker for new programming.
The Four Seasons Lodge encourages family members to join and participate in programming with their loved ones when able. Please note: our Friendly Masking Policy remains in effect for the Home.