



JULY 2025

FOUR SEASONS LODGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	9-3 3	4	5
		Happy Canada Day! 12:30 Poutine Bar Lunch to celebrate Canada Day!	11:00 Exercises PSW Led Activity (TRIVIA)	10:00 Exercises 11:00 Gardening 12:30 BBQ Lunch & Cocktails with Ann	11:00 Pet Therapy with Moose PSW Led Activity (BINGO)	PSW Led Activity (BOWLING) 3:00 Coffee & Tea Social
	6	9-4 8	1:30 - 8 9	10	9-3 11	9-3 12
	10:00 Virtual Church (PSW Led Activity) 4:00 Church Group	10:00 Exercises PSW Led Activity (HANG MAN)	10:00 Bingo With Volunteers 11:00 Board Games 1:30 Sunshine Time 2:00 Exercises	11:00 Exercises 3:00 Taste of Home 4:00 Manicures 6:00 Campfire & S'mores	10:00 Exercises 12:30 BBQ Lunch & Cocktails with Ann	10:00 Drumming 11:00 Pet Therapy with Moose 2:00 Snakes and Ladders
	9-3 13	9-3 14	15	16	9-3 17	18
10:00 Sound Bath & Stretches 10:00 Virtual Church 11:00 Bocce Ball 4:00 Church Group	10:00 Exercises 11:00 Mindfulness 2:00 Puzzles	Special Breakfast 10:00 Bingo With Volunteers 2:00 Exercises	11:00 Exercises PSW Led Activity (TRIVIA)	10:00 Exercise 11:00 Gardening 12:30 BBQ Lunch & Cocktails with Ann	11:00 Pet Therapy with Moose PSW Led Activity (BINGO)	PSW Led Activity (BOWLING) 3:00 Coffee & Tea Social
20	21	9-4 22	1:30 - 8 23	8-2 24	9-3 25	9-3 26
11:00 Virtual Church (PSW Led Activity) 4:00 Church Group	10:00 Exercises PSW Led Activity (HANG MAN)	Special Breakfast 10:00 Bingo With Volunteers 11:00 Food & Recreation Committee Meeting 1:30 Sunshine Time 2:00 Exercises	11:00 Exercises 3:00 Taste of Home 4:00 Manicures 6:00 Outdoor Music & Camp Fire	10:00 Exercises 11:00 Resident Council Meeting 12:30 BBQ Lunch & Cocktails with Ann	10:00 Drumming 11:00 The Monday Nitters Live Music & Pet Therapy with Moose 2:00 Scrabble	9:30 Tea & Coffee Social with Music 10:30 Bowling 11:30 Cards
9-3 27	9-3 28	29	30	9-3 31		
10:00 Virtual Church 11:00 Summer Family Fun Day! 4:00 Church Group	10:00 Exercises 11:00 Mindfulness 2:00 Puzzles	Special Breakfast 10:00 Bingo With Volunteers 2:00 Exercises	11:00 Exercises PSW Led Activity (TRIVIA)	Happy Birthday! 10:00 Exercises 11:00 Gardening 12:30 BBQ Lunch & Cocktails with Ann		

Reminder to please bring forward your interests for recreational activities at the Food & Recreation Committee or provide ideas at any time to the Recreation Worker for new programming. The Four Seasons Lodge encourages family members to join and participate in programming with their loved ones when able. Please note: our Friendly Masking Policy remains in effect for the Home.