

JULY 2025

FOUR SEASONS LODGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Happy Canada Day! 12:30 Poutine Bar Lunch to celebrate Canada Day!	2 11:00 Exercises PSW Led Activity (TRIVIA)	9-33 10:00 Exercises 11:00 Gardening 12:30 BBQ Lunch & Cocktails with Ann	4 11:00 Pet Therapy with Moose PSW Led Activity (BINGO)	5 PSW Led Activity (BOWLING) 3:00 Coffee & Tea Social
6 10:00 Virtual Church (PSW Led Activity) 4:00 Church Group	7 10:00 Exercises PSW Led Activity (HANG MAN)	9-48 Special Breakfast 10:00 Bingo With Volunteers 11:00 Board Games 1:30 Sunshine Time 2:00 Exercises	1:30 - 89 11:00 Exercises 3:00 Taste of Home 4:00 Manicures 6:00 Campfire & S'mores	10 10:00 Exercises 12:30 BBQ Lunch & Cocktails with Ann	9-311 10:00 Drumming 11:00 Pet Therapy with Moose 2:00 Snakes and Ladders	9-312 9:30 Tea & Coffee Social with Music 10:30 Bowling 11:30 Cards
9-313 10:00 Sound Bath & Stretches 10:00 Virtual Church 11:00 Bocce Ball 4:00 Church Group	9-314 10:00 Exercises 11:00 Mindfulness 2:00 Puzzles	15 Special Breakfast 10:00 Bingo With Volunteers 2:00 Exercises	16 11:00 Exercises PSW Led Activity (TRIVIA)	9-317 10:00 Exercise 11:00 Gardening 12:30 BBQ Lunch & Cocktails with Ann	18 11:00 Pet Therapy with Moose PSW Led Activity (BINGO)	19 PSW Led Activity (BOWLING) 3:00 Coffee & Tea Social
20 11:00 Virtual Church (PSW Led Activity) 4:00 Church Group	21 10:00 Exercises PSW Led Activity (HANG MAN)	9-422 Special Breakfast 10:00 Bingo With Volunteers 11:00 Food & Recreation Committee Meeting 1:30 Sunshine Time 2:00 Exercises	1:30 - 823 11:00 Exercises 3:00 Taste of Home 4:00 Manicures 6:00 Outdoor Music & Camp Fire	8-224 10:00 Exercises 11:00 Resident Council Meeting 12:30 BBQ Lunch & Cocktails with Ann	9-325 10:00 Drumming 11:00 The Monday Niters Live Music & Pet Therapy with Moose 2:00 Scrabble	9-326 9:30 Tea & Coffee Social with Music 10:30 Bowling 11:30 Cards
9-327 10:00 Virtual Church 11:00 Summer Family Fun Day! 4:00 Church Group	9-328 10:00 Exercises 11:00 Mindfulness 2:00 Puzzles	29 Special Breakfast 10:00 Bingo With Volunteers 2:00 Exercises	30 11:00 Exercises PSW Led Activity (TRIVIA)	9-331 Happy Birthday! 10:00 Exercises 11:00 Gardening 12:30 BBQ Lunch & Cocktails with Ann		

Reminder to please bring forward your interests for recreational activities at the Food & Recreation Committee or provide ideas at any time to the Recreation Worker for new programming. The Four Seasons Lodge encourages family members to join and participate in programming with their loved ones when able. Please note: our Friendly Masking Policy remains in effect for the Home.