



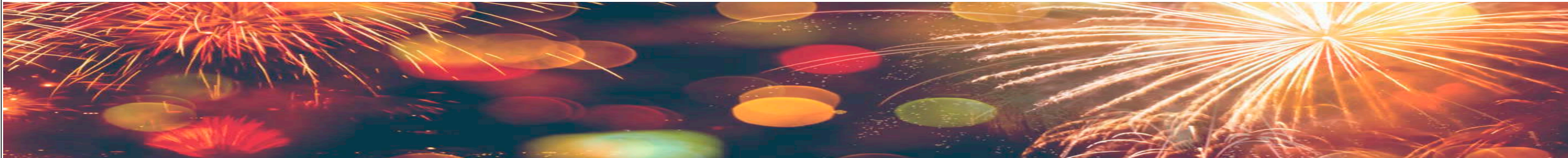


January 2021

Four Seasons Lodge Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					 9:30 – 3:00* 1 <i>Happy New Year</i>	2 PSW Lead Activities 6:00 Tea & Coffee Social
					3 PSW Lead Activities 6:00 Tea & Coffee Social	4 9:30 Exercises 10:30 De-Decorate from the Holidays 1:30 Taste of Home 6:00 Tea & Coffee
10 9:30- 2:00 10:00 Exercises 11:00 Church 1:00 Crosswords/Puzzles 2:00 Sunday Matinee 6:00 Tea & Coffee Social	11 PSW Lead Activities 6:00 Tea & Coffee Social	12 10:00 Taste of Home –Mac. Salad 10:30 Exercise Group 11:30 Mind Work 12:30 Chicken & Fries – Special Meal Request  1:30 Trivia 7:00 Tea & Coffee Social	13 PSW Lead Activities 6:00 Tea & Coffee Social	14 3:00- 7:30 3:00 Exercises 4:00 Mind Work 6:00 Movie Night	15 9:30 Exercises 10:30 Mind Work 2:00 BINGO WITH NORTH RENFREW LTC 6:00 Tea & Coffee Social	16 PSW Lead Activities 6:00 Tea & Coffee Social
17 PSW Lead Activities 6:00 Tea & Coffee Social	18 9:30 – 3:00 9:30 Exercises 10:30 Taste of Home - Baking 1:30 One on One 6:00 Tea & Coffee Social	19 PSW Lead Activities 6:00 Tea & Coffee Social	20 9:30 – 3:00 10:00 Exercise Group 11:00 Craft 1:00 reading/News 2:00 One on One 6:00 Tea & Coffee Social	21 1:30- 5:00 2:00 Residents and Family Council 3:00 Exercise Group  4:00 Cards 5:00 Special Meal *It's a Surprise!*\n 7:00 Tea & Coffee Social	22 PSW Lead Activities 6:00 Tea & Coffee Social	23 9:30- 4:00 9:30 Exercises 10:00 Crosswords 11:00 Trip Planning 1:30 One on Ones 2:30 Trivia 6:00 Tea & Coffee Social
24 9:30 – 2:00 10:00 Exercises 11:00 Church 1:00 Crosswords/Puzzles 2:00 Sunday Matinee 6:00 Tea & Coffee Social	25 PSW Lead Activities 6:00 Tea & Coffee social	26 9:30-3:00 9:30 Taste of Home – Baking 10:30 Exercise Group 11:30 Mind Work 1:30 Trivia 7:00 Tea & Coffee Social	27 PSW Lead Activities 6:00 Tea & Coffee Social	28 3:00 – 7:30 3:00 Exercises 4:00 Mind Work 6:00 Movie Night	29 9:30- 3:00 9:30 Exercises 10:30 Mind Work 2:00 BINGO WITH NORTH RENFREW LTC 6:00 Tea & Coffee Social	30 PSW Lead Activities 6:00 Tea & Coffee Social
31 PSW Lead Activities 6:00 Tea & Coffee Social						

Additional Activities Reading the Rosary – THURSDAYS at 11:00 AM (Call using the Seniors Without Walls Participant Number)

Please remember to express your interests in Recreational Activities at Residents and Family Council or bring forward your fantastic ideas at any time.