


SEPTEMBER 2021

Four Seasons Lodge Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:00-3 1 9:30 Exercise Group 10:30 Outdoor Coffee 11:30 Art Therapy 2:00 Ring toss/fishing 6:30 Tea & Coffee Social	3-8:00 2 3:00 Exercise 4:00 Cards 5:45 Movie Night (Comedy) 7:00 Tea & Coffee Social	3 9:30 Exercises 2:00 BINGO WITH NORTH RENFREW LTC 6:30 Tea & Coffee Social	9:30-4 4 9:30 Exercises 10:00 Taste of Home - Salsa 11:00 Gardening/Word Search's 1:30 Darts 2:30 Outdoor Trivia/ Making Music
9:00-2 5 10:00 Exercises 11:00 Virtual Church/Reading 1:00 Shuffle Board/Sorting 2:00 Sunday Matinee 6:00 Tea & Coffee Social	Labor Day 6 PSW Lead Activities 6:00 Tea & Coffee Social	9:30-3 7 9:30 Taste of Home – Pickling 10:30 Exercise Group 11:30 Sing-a-long 2:00 Mind Work - Writing 6:30 Tea & Coffee Social <i>* SNACK CART VOLUNTEERS SET TO BEGIN!</i>	8 PSW Lead Activities 3:00 Reading Hour w. Volunteer 6:30 Tea & Coffee Social	3-8:00 9 9:30 Hair Dresser On Site! 3:00 Exercise 4:00 Cards 5:50 Movie night (Romance) 7:00 Tea & Coffee Social	9-3:00 10 9:30 Exercises 10:30 Taste of Home - Lemon Tarts 11:30 Craft 2:00 BINGO WITH NORTH RENFREW LTC	11 PSW Lead Activities 6:00 Tea & Coffee Social
12 PSW Lead Activities 6:00 Tea & Coffee Social	9:30-3 13 9:30 Exercise Group 10:30 Taste of Home – Apple Pie 11:30 News / Hang Man 1:10 Art therapy (coloring) 2:00 Puzzles/beading 6:30 Tea & Coffee Social	9:30- 4 14 9:30 Exercises 10:00 Crossword 11:00 Mind Work (Mathematics) 1:30 Darts/Nerf target shooting 2:30 Ladies' Afternoon/Outdoor Games	9:00- 3 15 9:30 Exercises Group 10:00 Outdoor coffee 11:30 Art therapy 2:00 Reading Hour w. Volunteer 2:30 Ring Toss/Fishing 6:30 Tea & Coffee Social	1-8:00 16 2:00 Residents and Family Council 3:00 Exercises 4:00 Mind Work (Mathematics) 6:00 Men's Night –John Wayne Movie, Snacks & Beverages	17 9:30 Exercises 2:00 BINGO WITH NORTH RENFREW LTC 6:30 Tea & Coffee Social	18 PSW Lead Activities 6:00 Tea & Coffee Social
19 11:00 Virtual Church 2:00 Sunday Matinee 6:00 Tea & Coffee Social	9-2:00 20 9:30 Exercises 1:00 Gardening 2:00 Sunday Matinee 6:30 Tea & Coffee Social	9:30-3 21 9:30 Taste of Home – Apple Sauce 10:00 Spa Day with the Volunteer Group! 11:30 Sing a long (with Instruments) 1:30 Mind work (Writing) 6:30 Tea & Coffee social	22 PSW Lead Activities 3:00 Reading Hour w. Volunteer 6:00 Tea & Coffee Social	3-8:00 23 3:00 Exercise 4:00 Cards 5:50 Movie night (Action) 7:00 Tea & Coffee Social	9-3:00 24 9:30 Exercises 10:30 Taste of Home- Pumpkin Cheese Cake 11:30 Pull Garden Out 2:00 BINGO WITH NORTH RENFREW LTC	25 PSW Lead Activities 6:00 Tea & Coffee Social
26 PSW Lead Activities 6:00 Tea & Coffee Social	Eugene Birthday 9:30-3 27 9:30 Exercise Group 11:30 News / Hang Man 1:10 Art therapy (Painting) 2:00 Puzzles/beading 6:30 Tea & Coffee Social	28 PSW Lead Activities 6:00 Tea & Coffee Social	9:00-3 29 9:30 Exercise Group 10:00 Outdoor coffee 11:30 Art therapy 2:00 Reading with Volunteer 2:30 Ring Toss/Fishing 6:30 Tea & Coffee Social	3-8:00 30 3:00 Exercise 4:00 Cards 5:50 Movie night (Drama) 7:00 Tea & Coffee Social		

Additional Activities **Reading the Rosary – THURSDAYS at 11:00 AM** (Call using the Seniors Without Walls Participant Number)
 Please remember to express your interests in Recreational Activities at Residents and Family Council or bring forward your fantastic ideas at any time.