








# >>> SEPTEMBER

# FOUR SEASONS LODGE ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:30 Outdoors Walk 2:00 Music & Sing A-Long Time 6:00 Movie Night	2 9:30 - 3:00* 10:30 Trivia 1:30 Exercises 2:30 Seniors Without Out Walls Trivia 6:00 Tea and Coffee Social	3 3:00-7:30* 10:30 Word puzzles 1:30 Coloring / Creative Time 3:30 Exercises 6:00 Tea & Coffee Social - Reading the NRT	4 10:30 Puzzles 2:00 <b>BINGO</b> OVER THE PHONE WITH NORTH RENFREW LTC 6:00 Tea & Coffee Social	9:30-4:00*5 9:00 News 10:00 Puzzles 11:00 Sun Shine time/Trivia 2:00 Exercises 3:00 Cards
6 9:30-2:00* 9:30 Chair yoga 10:30 Crosswords/Puzzles 1:00 Wii Games 2:00 Sunday Matinee 6:00 Tea & Coffee Social	7 Labor Day 10:00 Creative Time 1:30 <b>BINGO</b> 6:00 Tea & Coffee Social	8 3:00-7:30* 10:00 Baking (TBD) 11:00 Music Sing a Long 1:00 Crokenole 2:00 Exercises 6:00 Movie Night 	9 10:30 Puzzles 2:30 Seniors Without Out Walls Trivia 6:00 Tea and Coffee Social	10 9:30 - 3:00* 10:00 Exercises 11:00 Craft ( Fall Trees ) 2:00 Cards 3:00 Mind work 6:00 Tea & Coffee Social	11 9:30 - 3:00* 10:00 Exercises 11:00 Reading 2:00 <b>BINGO</b> OVER THE PHONE WITH NORTH RENFREW 6:00 Tea & Coffee Social	12 10:30 Creative Time 2:00 Puzzles 6:00 Movie Night
13 9:30 Church (Virtually) 2:00 Puzzles 6:00 Tea and Coffee Social	14 9:30 -2:30* 10:00 Taste of Home 11:00 Leaf Picking 1:00 Craft 6:00 Tea and Coffee Social	15 10:00 Music 2:00 Board Games 6:00 Tea and Coffee Social	16 9:30 - 3:00* 10:00 Exercises 11:00 Horse Shoes 2:30 Seniors Without Walls Trivia 6:00 Movie Night 	17 Jersey Day! 3:00 - 7:30* 10:30 Creative time 3:30 Bean Bag toss Wing Night! 6:30 Crib/cards 7:30 Tea and Coffee Social	18 10:30 Word Searches 2:00 <b>BINGO</b> OVER THE PHONE WITH NORTH RENFREW LTC 6:00 Movie Night 	19 9:30-4:00* 9:30 News 10:00 Crosswords 11:00 trip Planning 1:30 Exercises 2:30 Trivia 6:00 Tea & Coffee social
20 9:30-2:00* 9:30 Chair yoga 10:30 Puzzles 11:00 Bowling 2:00 Sunday Matinee 6:00 Tea & Coffee Social	21 10:30 Creative Time 2:00 Puzzles 6:00 Coffee & tea social	22 9:30 - 2:00* First Day of Fall 10:00 Taste of Home 11:00 Horse Shoes  1:30 Music & Sing A-Long Spaghetti Night! 6:00 Movie Night	23 10:30 Creative time 2:30 Seniors Without Out Walls Trivia 6:00 Tea and Coffee Social	24 11:00-3:30* 10:00 Exercises 11:00 Trivia 11:30 Residents & Family Council 1:30 Cards 6:00 Tea & Coffee Social	25 9:30 - 3:00* 10:00 Exercises 11:00 reading 2:00 <b>BINGO</b> OVER THE PHONE WITH NORTH RENFREW LTC 6:00 Tea and Coffee Social	26 10:30 Creative Time 2:00 Puzzles 6:00 Coffee & tea social
27  Happy Birthday Eugene! 10:30 Exercise Circle 1:30 Puzzles 6:00 Tea and Coffee Social	28 9:30 - 3:30* 10:00 Mind work 11:00 Taste of home 1:30 Horse shoes 6:00 Tea and Coffee Social	29 2:00 Board Games 3:00 Music/Sing A-Long Time 6:00 Tea and Coffee Social	30 9:30 - 3:00* 10:00 Bean Bags Toss 1:30 Exercises 2:30 Seniors Without Walls Trivia 6:00 Tea and Coffee Social			

Additional Activities Reading the Rosary - THURSDAYS at 11:00 AM (Call using the Seniors Without Walls Participant Number)

Please remember to express your interests in Recreational Activities at Residents and Family Council or bring forward your fantastic ideas at any time