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MAY 2026



DRDH AUXILIARY ANNOUNCES \$157,000 IN DONATIONS AT AGM

The Deep River and District Health Auxiliary announced \$157,000 in donations at its Annual General Meeting and Luncheon held on May 7, 2026.



HAPPY NURSING WEEK!

Nursing Week was celebrated this month across Deep River and District Health, recognizing the compassion, dedication, and resilience of our nursing team, including nurses and personal support workers.

CEO'S CORNER

CONNECTING WITH OUR DRDH TEAM AND COMMUNITY



As May comes to a close, it feels as though there is a renewed sense of energy and momentum across DRDH. The month has been filled with celebration, planning, collaboration, and continued progress across our Health Campus. Through it all, what continues to stand out most is the commitment, compassion, and dedication of our teams and volunteers who make this organization such a special place to work and receive care.

This month, we had the opportunity to celebrate Nursing Week - a meaningful time to recognize and thank the incredible nursing professionals across our organization. I want to extend sincere appreciation to everyone who helped organize the week's events and activities, and to every nurse who brings knowledge, compassion, advocacy, and professionalism to their role each day.

As a nurse myself, Nursing Week always carries special meaning. I am deeply proud to be part of the nursing profession and grateful for the opportunity to lead through a nursing lens- one grounded in compassion, critical thinking, advocacy, teamwork, and person-centred care. Every day, I continue to be inspired by the extraordinary work of our nursing teams and the impact they have on the lives of patients, residents, families, and one another. Nursing is not always an easy profession to be in, but I hope knowing how big of an impact you make an every single day makes it worth it. For everything all of you do everyday, Thank You.

Alongside these celebrations, exciting planning work continues related to our Long-Term Care redevelopment project. Over the past month, teams have been actively engaged in discussions and planning related to furniture, fixtures, staffing models, operational readiness, and occupancy planning. While construction progress continues to be visible from the outside, there is also an incredible amount of thoughtful work happening behind the scenes to help shape the future home and the care experience within it. It has been exciting to see the collaboration, creativity, and forward-thinking taking place as we continue preparing for this next chapter.

I would also like to extend heartfelt thanks to our volunteers and Auxiliary for their ongoing generosity and support. Their recent donation to the organization this month of \$157,000, along with the countless ways they continue to support our patients, residents, families, and team members, is sincerely appreciated. The impact of their dedication is felt every day across our campus, and we are incredibly fortunate to have such strong community support behind us.

As we continue looking ahead, there are a number of exciting opportunities for growth and development beginning to take shape across the organization. While much of this work is still in early planning stages, it reflects the continued evolution of DRDH and our commitment to meeting the changing needs of our community both today and into the future. Watch for more information to come on exciting news coming to DRDH soon.

Over the coming months, we will also begin seeking input related to hospice design and programming as planning work continues to advance. We look forward to involving team members, partners, and the community in these important conversations over the summer as we continue shaping a space and program focused on compassionate, person-centred end-of-life care.

Thank you, as always, for the care, professionalism, and heart you bring to your work every day. It is an honour to work alongside such an exceptional team as we continue building the future of care together.

Sincerely,
Janna Hotson
President and Chief Executive Officer
Deep River and District Health

BOARD HIGHLIGHTS

Click [here](#) to read the latest edition of our Board Meeting Highlights.



DRDH AUXILIARY ANNOUNCES \$157,000 IN DONATIONS AT AGM

The Deep River and District Health Auxiliary announced \$157,000 in donations at its Annual General Meeting and Luncheon held on May 7, 2026. The event brought together Auxiliary volunteers, DRDH leadership, and team members to celebrate another year of remarkable volunteerism and community support that continues to strengthen healthcare services across the region.

This year's donations will support several important initiatives at DRDH and the Four Seasons Lodge. The largest contributions include \$50,000 toward the creation of a secure medication storage room in the Emergency Department, featuring swipe-card access, enhanced medication dispensing space, and upgraded security measures, as well as \$50,000 for the replacement of patient lifts across the Medical Floor and Four Seasons Lodge to support safe patient handling and staff safety.

The Auxiliary also continued its longstanding support of the Preschool Speech and Language Program with a \$17,000 donation, helping ensure children throughout the region have access to essential early intervention services.

In addition, the Auxiliary committed \$40,000 toward the future replacement of the hospital's mammography machine, a critical diagnostic tool for the community. The current equipment is approaching end of life, and the donation marks the beginning of fundraising efforts for the approximately \$600,000 replacement project.

During the meeting, DRDH President and CEO Janna

Hotson and Executive Vice-President and CFO William Willard presented updates on the new Four Seasons Lodge long-term care home currently under construction. Attendees were shown progress photos and building plans for the modern facility, which will enhance long-term care services for the region. They also shared plans to repurpose the current Four Seasons Lodge building into a new three-bed hospice space, bringing hospice care services to Deep River and surrounding communities.

In her annual report, Auxiliary President Eileen Burke thanked volunteers and executive members for their continued dedication and support throughout the year. The Auxiliary also recognized several milestones and community initiatives from the past year, including participation in the grand opening of the new Family Health Team building and contributions to a library display celebrating the hospital's 50 years of service.

From April 1, 2025, to March 31, 2026, Auxiliary volunteers contributed an impressive 14,795 hours supporting the Whistle Stop, Gift Shop, Palliative Care, Four Seasons Lodge, and Auxiliary Executive activities.

Since its founding in 1974, the DRDH Auxiliary has donated more than \$2 million and contributed hundreds of thousands of volunteer hours in support of healthcare in the region. DRDH extends sincere thanks to every Auxiliary member for the essential role they play in enhancing care and improving the patient experience throughout the community.



PIECES IN PRACTICE



DEEP RIVER &
DISTRICT HEALTH



PIECES IN PRACTICE

Peer-to-Peer Recognition Program

NOMINATE | SHARE | CELEBRATE

The QR code to access the nomination form is located in every department

Let's celebrate the amazing people
who bring our values to life
every day!



**NOMINATIONS
ARE STILL OPEN!**

EMERGENCY DEPARTMENT IMPROVEMENTS

THANK YOU FOR YOUR PATIENCE DURING ONGOING RENOVATIONS
Please follow all signage for directions

FLOORING REPLACEMENT

Deep River and District Health recently began flooring replacement work throughout facility corridors as part of the ongoing Emergency Department renovation project. The upgrades are taking place in phases over the coming weeks to help minimize disruption while maintaining access to hospital and care services across the organization.

As construction progresses through different areas of the facility, patients, residents, visitors, and team members may notice temporary changes to hallway access and movement throughout the building. Some entrances may also be temporarily closed while work is completed in specific sections. Clear signage has been posted throughout the facility to help support safe and efficient navigation around impacted areas.

These flooring upgrades are part of broader infrastructure improvements connected to the Emergency Department renovation project and surrounding clinical spaces. The work supports DRDH's continued commitment to creating a safer, more modern, and welcoming environment for patients, residents, families, visitors, and teams.

The renovation project has incorporated feedback from team members, patients, and families to help improve privacy, flow, accessibility, and the overall care experience within the hospital. DRDH appreciates the continued patience, flexibility, and cooperation of everyone as these important improvements move forward.

RENOVATION PROGRESS

The flooring replacements are a component of the ongoing renovations to the Emergency Department reception area and former cafeteria space. Together, these improvements are designed to enhance privacy, create a more sensible flow through the department, and support a better overall experience for patients and visitors.



The former cafeteria space located behind the old reception desk is nearing completion of its renovation.



The new reception area will feature enhanced privacy for patients.



**DEEP RIVER &
DISTRICT HEALTH**

PUBLIC NOTICE OF ANNUAL MEETING OF MEMBERS

Notice is hereby given that the Annual Meeting of Members of Deep River and District Health will be held on **June 23rd, 2026** at Primary Care Building, Front Meeting Rooms, Deep River and District Health, 117 Banting Drive, Deep River, ON K0J 1P0.

The 634th Board meeting of the outgoing Board of Directors of 2025/2026 will precede the Annual meeting and the 635th Board meeting of the incoming Board of 2026/2027 will follow the Annual meeting with the anticipated schedule as follows:

5:15PM – 6:00PM	Welcome
6:00PM – 7:00PM	634th Board of Directors meeting
7:00PM – 7:15PM	Break
7:15PM – 8:00PM	Annual Meeting of Members
8:00PM – 8:30PM	635th Board of Directors meeting

THE PURPOSE OF THIS ANNUAL MEETING IS TO:

1. Present Annual reports:
 - a. 2025/2026 DRDH Annual report
 - b. The Chair on behalf of the Board of Directors,
 - c. The President and CEO,
 - d. Hospital Chief of Staff,
 - e. Long Term Care Medical Director
 - f. Family Health Team Lead Physician
2. Receive the Audited Financial Statements for period ending: March 31, 2026,
3. Appoint the DRDH Auditor for fiscal year 2026/2027,
4. Elect .2026/2027 Board of Directors,
5. Conduct any other business.



RSVP REQUIRED by end of day June 15th at
assistance@drdh.org



Dated at Deep River, ON this 1st day of June 2026

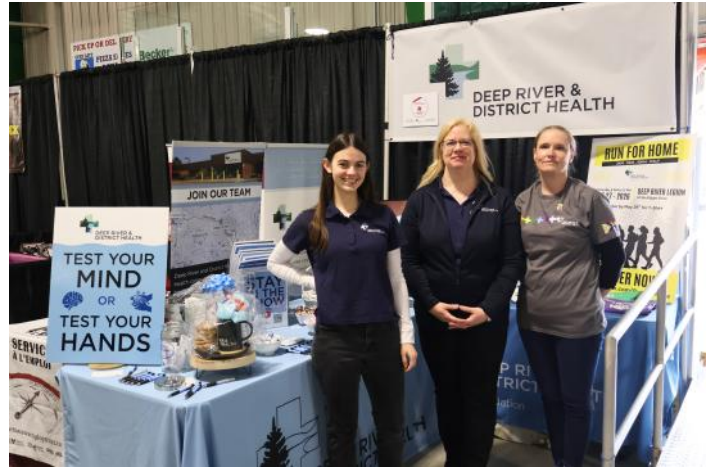
PETAWAWA SHOWCASE

Deep River and District Health participated in the Petawawa Showcase from May 1 to 3, connecting with community members and sharing information about programs, services, and opportunities across the organization.

The Human Resources team highlighted upcoming career opportunities associated with the expansion of the new Four Seasons Lodge Long-Term Care Home and encouraged visitors to sign up for career alerts to stay informed as new positions become available. The DRDH Foundation was also on hand promoting the upcoming Run for Home event and sharing information about the Get On Board campaign, which supports accessible transportation for Four Seasons Lodge residents.

In addition to showcasing DRDH services, team members provided health promotion activities focused on infection prevention and hand hygiene. Through an interactive UV Glo-Germ demonstration, visitors learned how easily germs can be spread through everyday interactions and the important role proper hand hygiene plays in keeping communities healthy. Healthcare trivia and prize draws added to the fun while helping engage attendees in conversations about health and wellness.

Thank you to everyone who stopped by to learn more about DRDH and connect with our team.



MEDICAL STUDENTS COMMUNITY WEEK

Deep River and District Health was pleased to welcome two first-year medical students from the University of Ottawa for their recent Community Week placement.

During their time in Deep River, the students experienced a variety of clinical and community opportunities that highlighted what a future in rural medicine could look like. Pictured are Dr. Doniya Quenneville and first-year medical student Omar during a morning of procedures at the North Renfrew Family Health Team Clinic.

Alongside their clinical placements, the students also participated in local activities including trail riding and white water rafting, helping showcase the lifestyle, outdoor recreation, and strong sense of community that make the Ottawa Valley a unique place to live and practice.



EMERGENCY PREPAREDNESS WEEK

During Emergency Preparedness Week, held May 3 to 9, 2026, Deep River and District Health partnered with the Town of Deep River to help promote emergency preparedness across our organization and community. This year's theme, *Prepared Together*, highlighted the importance of individuals, families, organizations, and communities working together to be ready for unexpected emergencies and disruptions.

Throughout the week, emergency preparedness tips and resources were shared with the public through social media, alongside a community giveaway encouraging followers to engage with and share preparedness information. Internally, team members also participated in a preparedness quiz for a chance to win a prize.

Congratulations to Terry and Cait G., the winners of this year's 72-hour emergency kits.

Emergency preparedness plays an important role in helping individuals respond safely during situations such as severe weather events, power outages, floods, or other emergencies. Ontario's emergency preparedness guidance encourages households to be prepared to be self-sufficient for at least 72 hours, as it can take time for emergency responders and services to fully respond during large-scale events. Having emergency supplies, a plan, and important information readily available can help reduce stress and improve safety during an emergency.

Thank you to everyone who participated and helped support this important awareness initiative.



Emergency Preparedness Tips

- **Check and refresh your emergency supplies:** Keep first aid kits and medical supplies up to date, store them in a cool, dry place, and replace expired items regularly. Include a basic first aid guide if possible.
- **Pack medical-specific supplies:** If you rely on items such as insulin syringes, catheters, or other medical equipment, keep extra supplies in your emergency kit and ensure medications are clearly labeled.
- **Prepare for chronic conditions:** Include important tools such as glucose monitors, blood pressure cuffs, or other health equipment, along with spare batteries or backup charging options.
- **Don't forget the kids:** Pack child-friendly medications, fever reducers, and hydration supplies, along with clear age-appropriate dosing information.
- **Personalize and waterproof your kit:** Consider the unique needs of each family member, including items like hearing aid batteries or mobility supports. Store medication lists, allergies, and important medical information in a waterproof folder.
- **Plan for powered medical equipment:** If you use devices such as oxygen equipment or CPAP machines, ensure you have a backup power source or evacuation plan in place.

INDIGENOUS HEALTH AWARENESS TRAINING

Members of the Deep River and District Health team recently participated in Indigenous Health Awareness Training hosted by the Algonquins of Pikwàkanagàn First Nation at their Elder's Lodge.

This meaningful learning experience provided an opportunity to deepen understanding of the histories, cultures, and lived experiences of First Nations, Métis, and Inuit peoples, as well as the ongoing impacts of colonialism and systemic barriers within healthcare. The training emphasized the importance of cultural safety and humility, encouraging participants to reflect on how care is delivered and how relationships with Indigenous communities can be strengthened.

Participants learned about the importance of listening, ongoing learning, and recognizing the role of Indigenous knowledge, traditions, and self-determination in health and healing. The experience also reinforced that this work is continuous and requires openness, respect, and a willingness to grow.



We are grateful to Mandi for sharing her knowledge, perspectives, and guidance in a thoughtful and supportive environment. This training is an important step in continuing to build understanding and fostering more inclusive, respectful care for all. Miigwetch.

ETHICS EDUCATION

On May 26, 2026, Deep River and District Health welcomed Ali Ladak, Regional Ethicist with the Champlain Centre for Health Care Ethics (CCHCE), for a day of education and collaborative discussion with DRDH physicians, team members, and the Board of Directors.

Sessions focused on important topics including consent, capacity, and supporting individuals who may be “living at risk,” while also providing an overview of the ethics consultation and support services available through the CCHCE. Team members participated in learning activities, discussions, and working groups aimed at strengthening understanding of ethical decision-making within healthcare settings.

The Champlain Centre for Health Care Ethics was developed to provide a centralized regional approach to healthcare ethics services across the Champlain region. These services help support organizations in addressing complex ethical situations, improving quality of care, reducing moral distress among healthcare providers, and promoting thoughtful, patient-centred decision-making.

DRDH is grateful for the opportunity to engage in this important learning experience and continue strengthening ethical practice and collaboration across the organization.



ACCREDITATION 2027

MAY 2026 UPDATE

What is an RSP?

RSPs are “**Required Safety Practices**”

- Essential practices that organizations must have in place to enhance safety and minimize risk
- To achieve accreditation status with no conditions, we must provide evidence for all RSPs

What’s Coming Up in June?

Accreditation working groups continue to review standards and identify actions for us to prepare for our attestation in August and on-site survey in February!

Safety Culture

- Accountability for Quality of Care
- Client Safety
- Health Equity
- Partnering with Clients to Improve Safety

Communication

- Adhering to Do-Not-Use List of Abbreviations, Symbols and Dose Designations
- Client Identification
- Safe Care Transitions
- Maintaining an Accurate List of Medications at Care Transitions

Medication Use

- Antimicrobial Stewardship
- Opioid Stewardship
- Limiting High-Concentration and High Total-Dose Opioid Formulations
- Managing High-Alert Medications

Work Life / Workforce

- Client Flow
- Safe Use of Medical Devices and Equipment
- Workforce Safety and Well-Being

Infection Prevention and Control

- Cleaning and Low-Level Disinfecting Medical Equipment
- Improving Hand Hygiene Practices
- Health Care-Associated Infection Surveillance

Risk Assessment

- Optimizing Skin Integrity
- Preventing Falls and Reducing Injuries from Falls
- Preventing Venous Thromboembolism
- Early Recognition and Response to Acute Clinical Deterioration
- Suicide Prevention Program

Countdown: 9 months to go!



ACCREDITATION
CANADA

MANDATORY EDUCATION

JUNE 2026

Please see the assigned education for the month of June on Surge Learning. This is due to be completed by **Wednesday, June 24, 2026**. Please contact Rebekah if you are having any issues accessing the education.

Topic	Target Staff
Residents Bill of Rights	All
Patient Identification	All
Complaints, Concerns & Compliments (Customer Service)	All
Disconnecting From Work	All
Test Result Management	Family Health Team
Public Health Ontario – Environmental Cleaning – Module 6 – IPAC for Leaders of Environmental Cleaning in Health Care	Environmental Service
Knife Safety Tips	Maintenance, IT
Machine Hazards	Maintenance
Hospira 360 IV Pump, 3M Ranger Blood/Fluid Warming Unit Video	RN, RPN
Lodge Shift Report Tool and Sample	RPN
Safe Eating & Hydration	RPN, PSW, Dietary, Rec
Advance Care Planning in Ontario for Support Workers	RN, RPN, DI, NP, PSW, Rec, Physio, Social Worker
Pedia Poser Chair	DI (MRT)

Please contact Rebekah (rebekah.thompson@drdh.org) if you are having any issues accessing the education.

+ TEAM HAPPENINGS

NEW HIRES



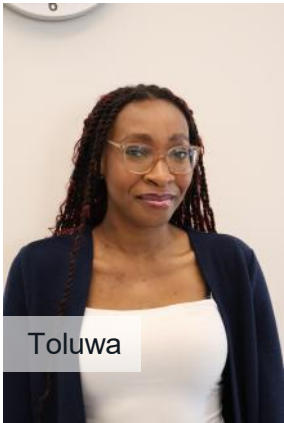
Brooke



Chase

WELCOME!

This month, we are pleased to welcome seven new members to our team.



Toluwa



Edith



Emma



Julianna



Emily

CLINICAL EXTERNS

Deep River and District Health is pleased to welcome five Clinical Externs to our team this summer as part of Ontario's Enhanced Extern Program. This government-funded initiative provides nursing students with the opportunity to gain valuable hands-on experience while supporting patient care under the supervision of regulated healthcare professionals.

Clinical Externs are important members of the care team who assist with supportive patient care activities while further developing their clinical knowledge and skills in a rural healthcare environment. At DRDH, we are proud to support the next generation of healthcare professionals by providing meaningful learning experiences and mentorship opportunities within our organization.

We look forward to supporting our Clinical Externs throughout the summer and welcome them to the DRDH team.



PHYSICIANS DAY

National Doctors' Day was celebrated this month, providing an opportunity to recognize and thank the physicians who provide excellent, compassionate, and person-centred care at Deep River and District Health.

Across the organization, physicians play a vital role in supporting the health and wellbeing of patients, residents, and families through their expertise, professionalism, and dedication to high-quality care. From emergency and inpatient care to primary care, long-term care, and ongoing community health services, their work has a meaningful impact throughout the region each day.

The physicians practicing at DRDH continue to demonstrate a strong commitment to collaborative care, medical education, and supporting the evolving healthcare needs of the community. Their leadership, knowledge, and compassion are an important part of the care experience provided across the organization.



Pictured are just a few of the outstanding physicians who practice in Deep River with their colleagues. We extend our sincere appreciation to all physicians for the important difference they make every day and for their continued dedication to caring for our communities.

PHYSIOTHERAPY MONTH

May was Physiotherapy Month, providing an opportunity to recognize and celebrate the important work of the physiotherapy team at Deep River and District Health.

Across the organization, physiotherapy services play a key role in supporting recovery, rehabilitation, mobility, and overall quality of life for both patients and residents. From assisting hospital inpatients during recovery to helping residents in Four Seasons Lodge maintain strength, movement, and independence, the team's work supports health and wellbeing in many meaningful ways.

Through their compassion, encouragement, and dedication, the physiotherapy team helps individuals work toward their goals and maintain the highest possible level of function and independence. Pictured is Physiotherapy Assistant Lynne, representing the physiotherapy team at DRDH.



MOVEMENT IS MEDICINE!

HAPPY NURSING WEEK

Nursing Week was celebrated this month across Deep River and District Health, recognizing the compassion, dedication, and resilience of our nursing team, including nurses and personal support workers.

The week included a variety of appreciation activities for team members, beginning with charcuterie cups, followed by a BBQ lunch, and continued with pop-up treats including iced coffees from the DRDH Brew House, and a refreshing yogurt bowl cart. The celebrations wrapped up with a popcorn bar and a “Find Flo” activity, where team members searched for Florence Nightingale hidden throughout departments for a chance to win prizes.



Congratulations to all of our winners, and thank you to everyone who participated in the week’s activities. Most importantly, we extend our sincere appreciation to all nurses and personal support workers for the professionalism, compassion, and care they bring to patients, residents, colleagues, and the community every day.



ICED BEVERAGE BAR AND CHARCUTERIE CUPS



HAPPY NURSING WEEK



FIND FLO WINNERS



BBQ LUNCH AND POPCORN BAR



SHSM STUDENTS VISIT FROM MACKENZIE HIGH SCHOOL

Students from Mackenzie High School recently visited Deep River and District Health as part of their Specialist High Skills Major (SHSM) program in Health and Wellness. During their visit, students connected with DRDH team members to learn more about career opportunities and pathways within healthcare.



As part of their current SHSM project, students are developing a marketing campaign focused on attracting healthcare workers to Deep River. To support this work, the DRDH teams provided an interactive introduction to healthcare marketing and recruitment. Discussions included the unique challenges of recruiting healthcare professionals to rural areas, the importance of authenticity and trust in communications, and how organizations build strong brands and reputations over time.

Students also explored the “4 P’s” of marketing : Product, Price, Place, and Promotion and how these concepts apply to rural healthcare recruitment. Conversations highlighted how lifestyle, community connection, work-life balance, and quality of life are a major apart of recruitment efforts..

The SHSM program allows students to customize their secondary school experience around a specific career sector while gaining hands-on learning experiences and specialized certifications toward their Ontario Secondary School Diploma. DRDH was pleased to support this learning opportunity and engage students in discussions about healthcare careers and rural recruitment.



WORLD ASTHMA DAY LUNCH & LEARN

In recognition of World Asthma Day this month, the Respiratory Therapist at Deep River and District Health hosted a lunch and learn session for DRDH care providers.

The session provided an opportunity for team members to build knowledge and discuss asthma management, respiratory health, and current best practices in care. Education sessions like these help support ongoing learning across the organization and contribute to high-quality, informed care for patients in our community.





LIFE LINES

Menopause and Mental Health

Menopause is a natural life stage that women go through. It occurs when a woman's ovaries stop producing eggs, leading to a decrease in estrogen and progesterone levels and spans up to half of a woman's life. This major life transition often brings not only physical changes, but also significant mental health shifts .

While menopause is most often discussed in the context of cisgender women, it's important to recognize that individuals who are transgender, non-binary, or gender-diverse may also experience menopause. Hormone changes, gender-affirming care, and surgeries can bring on similar symptoms. Each person's experience is unique, but the emotional and psychological effects can be equally significant.

Hormonal Shifts and Their Biological Impact

Menopause unfolds in three stages: perimenopause, the transition leading up to the end of menstruation; menopause, marked by 12 consecutive months without a period; and postmenopause, the years that follow.

Hot flashes can exacerbate anxiety because they can come out of nowhere and can be embarrassing if they occur during meetings at work or during on-site client calls. Hot flashes can also be triggered by anxiety.

Life transitions, such as children leaving home, changes in career/income, separation or divorce, and/or caring for aging parents, can coincide with menopause, adding stress and emotional strain.

Changes in lifestyle, such as a decrease in exercise or changes in eating habits can impact mood regulation.

Increased Risk of Depression and Anxiety

Research has shown that women in perimenopause and early postmenopause are at an increased risk of experiencing depression and anxiety. Some studies suggest that women are up to four times more likely to experience depressive symptoms during perimenopause than at other times in life. In fact, research suggests that between 19% and 36% of women may experience depression during the menopause transition. While hormone changes are a major factor, sleep disturbance, life stressors, and physical symptoms all play a role. These overlapping challenges can make it harder to pinpoint the exact cause of mood changes, which is why comprehensive care and awareness are so important. For women with a history of mood disorders, menopause can exacerbate these conditions, making effective management even more essential.

Strategies to Support Mental Health During Menopause

While menopause can present mental health challenges, there are strategies that can help women navigate this period with greater ease. First, understanding and accepting that menopause is a normal part of the aging process and can be a shared experience for women and gender-diverse people who menstruate can be helpful. Addressing the changes that happen with self-compassion can also be beneficial.

If you're finding it difficult to manage the emotional or mental health changes that come with menopause, reach out to your Employee and Family Assistance Program (EFAP). We can connect you with professionals who understand what you're going through and can help you explore practical ways to cope.





FOUR SEASONS LODGE NEWS

Introducing the FSL Flyers!

One of the teams already preparing to participate in the 4th annual Run For Home, taking place on Saturday, June 27, is the FSL Flyers, made up of current residents from the Four Seasons Lodge long-term care home.



The team represents the heart behind this year's fundraising campaign and highlights the importance of accessible transportation for individuals living with mobility challenges.

Community members are encouraged to pledge their support for the FSL Flyers by visiting their fundraising page: [4SL Flyers — DRDH Foundation](#)



RESIDENTS' COUNCIL CORNER



Residents received updates on preparations for the new Four Seasons Lodge, including the redevelopment of a standardized orientation program for new team members. Residents have been invited to provide input on orientation materials to help ensure new team members are introduced to the culture, expectations, and resident-focused environment of the Lodge.

Council members also reviewed the results of a recent proactive Ministry inspection. A small number of findings related to supply management and documentation practices were identified and have since been addressed. Action plans have

been implemented, including enhanced monitoring processes, inventory controls, and ongoing reviews of clinical programs to support continuous quality improvement.

Residents were pleased to hear that regular monitoring will continue to help maintain high standards of care, safety, and service throughout the home. A comprehensive review of the Skin and Wound program is underway, with completion targeted for July–August, and full implementation, including template updates, aimed for completion by the end of September.

FOUR SEASONS LODGE NEWS

The Spring Bazaar

Residents at Four Seasons Lodge hosted a successful Spring Bazaar on May 8, showcasing a wide variety of beautiful handmade items created through recent resident-led activities.

In the weeks leading up to the event, residents worked together on collage art, tie dye, jewelry making, painting birdhouses, and other creative projects. These activities provided an engaging opportunity to prepare for the Bazaar while highlighting resident creativity, talents, and teamwork.

The Bazaar featured an impressive selection of art pieces, crafts, accessories, and plants, and was well supported by residents, team members, and visitors. The event was a meaningful celebration of creativity and community within the Lodge.



The FSL residents have also been enjoying the sunshine outside!



FOOD AND RECREATION COMMITTEE



The Food and Recreation Committee continued planning a variety of activities, special events, and social opportunities designed to keep residents engaged, active, and connected throughout the month. Residents confirmed that Bingo Bucks remain their preferred prize option for bingo activities, providing greater flexibility and choice when selecting rewards.

The upcoming calendar includes several exciting events, including a Travel & Taste program highlighting Syrian culture and cuisine with support

from a community volunteer, the return of Mark for a hymns and music program, and an outdoor celebration for National Long-Term Care Day featuring refreshments and social activities.

Residents are also looking forward to a campfire social evening, a Father's Day gathering with snacks and live music, and participation in the upcoming Run for Home event. These activities provide meaningful opportunities for recreation, community connection, and enjoyment while supporting resident well-being and quality of life.

Mobility in Motion Brings Accessibility to Run For Home

The Deep River & District Health Foundation is excited to introduce *Mobility in Motion*, a new accessible component of this year's Run for Home made possible through the generous support of Cahoon's Pharmasave. Designed for individuals with mobility challenges, the route provides an opportunity for participants to take part alongside caregivers, family members, and friends in a safe and welcoming environment.

The initiative was inspired by residents of Four Seasons Lodge and reflects the Foundation's commitment to ensuring community events are accessible and inclusive for everyone. Registration for participants with ambulatory challenges is free, helping remove barriers and encourage greater participation in this growing community event.

Mobility in Motion also highlights the importance of the Foundation's Get On Board: Connecting Community campaign, which is raising funds to support accessible transportation for Four Seasons Lodge residents. Reliable transportation helps residents attend medical appointments, participate in community activities, enjoy outings, and maintain meaningful connections with family, friends, and the broader community.

As Deep River and District Health prepares for the expansion of Four Seasons Lodge into a new 96-bed long-term care home, the need for accessible transportation will continue to grow. The campaign will help ensure residents have the ability to remain active and engaged both within and beyond the Lodge.

Run for Home takes place on June 27 and continues to grow as one of the region's largest community fundraising events, featuring distances for a variety of abilities, family-friendly activities, entertainment, and opportunities for community members to come together in support of a shared cause.



RUN FOR HOME

2KM . 5KM . 10KM . HALF

This year, the DRDH Foundation has partnered with Runner's Life in Peterborough to introduce digital race tracking for Run for Home participants.

Each participant will receive a GPS-enabled ankle bracelet that automatically tracks their progress along the course and records their official race time as they cross the start and finish line. For competitive runners, this provides accurate race timing and the opportunity to compete for top placements in each distance category.

This also enhances participant safety by allowing organizers to monitor activity along the course, confirm participants remain on the marked route, and respond quickly if assistance is needed. This exciting addition will help create a safer and more enjoyable experience for everyone taking part in Run for Home on June 27.



The DRDH Foundation's Run for Home is taking place on June 27, and community members are encouraged to support participants as they raise funds for the Get On Board campaign.

Funds raised through the event will help improve access to transportation for Four Seasons Lodge residents, supporting greater community connection and participation. Participants can also earn entries into prize draws based on their fundraising efforts.

There is still time to register, donate, or learn more about the event. Thank you to everyone helping make a difference through this important community fundraiser.

CALL FOR CONTENT

Is there something you would like to see appear in the next issue of The Zinger newsletter? Please submit your photos and information to Connor at cbunn@drdh.org.

Deep River and District Health receives funding from Ontario Health.

The opinions expressed in this publication do not necessarily represent the views of Ontario Health.